



# Progress Pride Square

Designed by Terry Whitmell



Terry started quilting in 1991, but really got going once she retired from teaching in 2019. She does both hand and machine quilting.

“I have been inspired by mathematics, designing Fibonacci, Logarithmic and Golden Ratio quilts during the pandemic,” she says.

Terry’s block design is inspired by the Pride and Progress flags. “We fought hard to have visible symbols in our schools throughout the past few decades, and the flying of the Pride Flag in June of 2018 at the school where I was Principal, was a highlight of my career.”

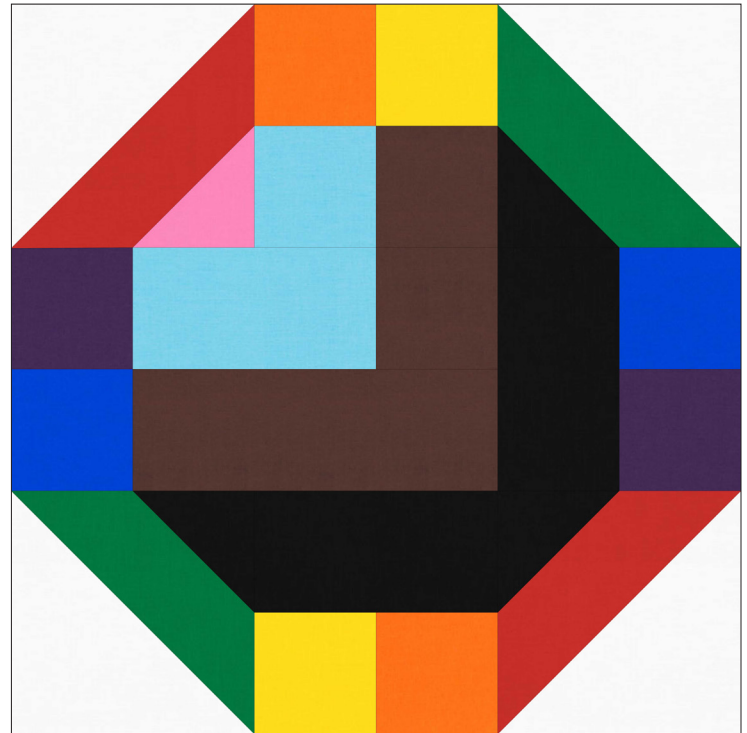
“As an educator for more than four decades, I have seen how important it has been to our community to have everyone recognized and respected. I have queer and transgender people who are important to me in both my immediate and extended family. We have lived through years of growing knowledge and understanding, but we still have far to go to achieve true equity.”

Thank you, Terry, for sharing this striking design!

[terrywhitmell.com](http://terrywhitmell.com), @TerryWhitmell



*Utopia*—A radial layout with concentric ranks of equilateral triangles. A “triquenta” shape fills some of the triangles; the rest of the hand-quilting is improvisational.



UNFINISHED BLOCK 12.5" x 12.5"

### SIGNIFICANCE OF THE COLOURS IN THIS BLOCK:

- Red—Life and Passion
- Orange—Healing and Celebration
- Yellow—Sunlight and Renewal
- Green—Nature and Healing
- Indigo/Blue—Serenity
- Violet—Spirit
- Black and Brown—People of Colour
- Pink, Baby Blue, and White—Trans People

# Fabric Requirements

Terry lists Kona Cotton fabric colours below for easy reference. Feel free to use your favourite solids, and prints from your stash.

**White fabric**—Kona Cotton White

Two 5½" squares for HST

**Pink fabric**—Kona Cotton Candy Pink

One 2⅝" square, to snowball

**Red fabric**—Kona Cotton Lipstick

One 5½" square for HST

**Green fabric**—Kona Cotton Clover

One 5½" square for HST

**Light Blue fabric**—Kona Cotton Niagara

One 4½" x 2½" rectangle

One 2½" x 2½" square

**Brown fabric**—Kona Cotton Mocha

One 6½" x 2½" rectangle

Two 2½" x 2½" squares

**Black fabric**—Kona Cotton Black

Two 4½" x 2½" rectangles

Three 2⅝" squares, to snowball

**Purple fabric**—Kona Cotton Velvet

Two 2½" x 2½" squares

**Blue fabric**—Kona Cotton Royal

Two 2½" x 2½" squares

**Yellow fabric**—Kona Cotton Citrus

Two 2½" x 2½" squares

**Orange fabric**—Kona Cotton Orange

Two 2½" x 2½" squares

# Assembly Instructions

Use a scant ¼" seam.

## CORNER BLOCKS

Draw a diagonal line on the two 5½" white squares. With RST (right sides together) place a red 5½" square on the white. Sew a scant ¼" on either side of the drawn line. Cut on the drawn line and press. Trim both HSTs (half square triangles) to 4½" using the diagonal line on your square ruler, or by placing on your cutting mat and matching the sewn diagonal line with the line on mat/ruler.

Repeat with the 5½" green and white squares.

Snowball the 2⅝" pink square to the red half of one of the HSTs. This means draw a diagonal line on the pink 2⅝" square, then place it on the red portion of the HST and sew on the drawn line. Trim and press.



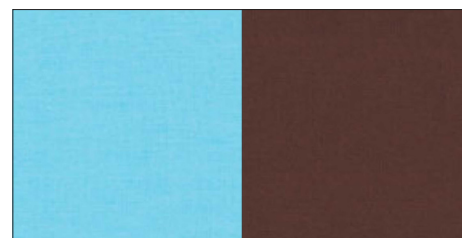
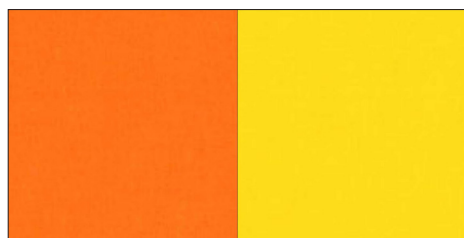
Snowball the three  $2\frac{5}{8}$ " black squares to the red corner of the remaining red and white HST, and to the green corners of the two green and white HSTs.



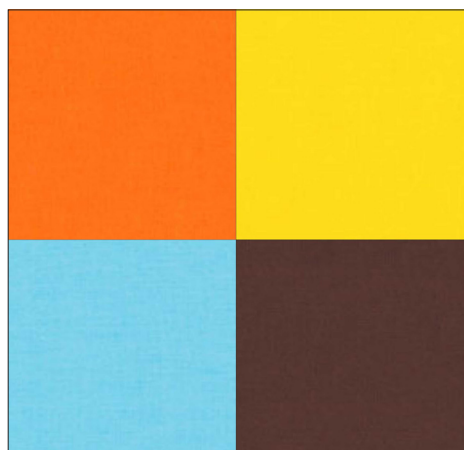
### TOP ROW

Sew Orange and Yellow  $2\frac{1}{2}$ " squares in pairs. Set one pair aside.

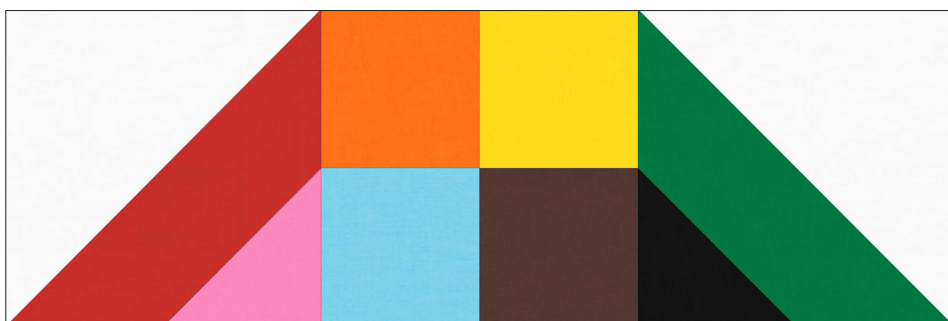
Sew Light Blue and Brown  $2\frac{1}{2}$ " squares together.



Sew Orange, Yellow, Brown, and Light Blue as a four-patch

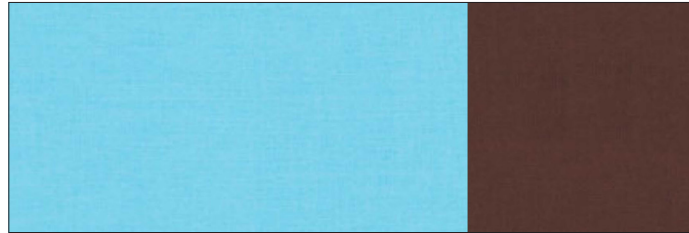


Add Corner Blocks to either side, matching seams at the middle.

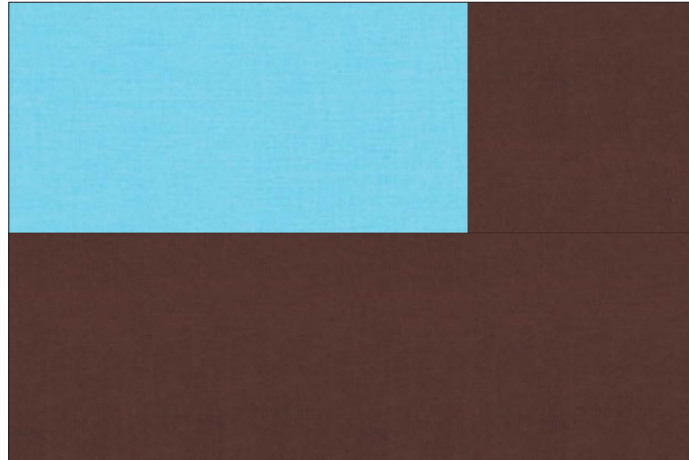


## MIDDLE ROW

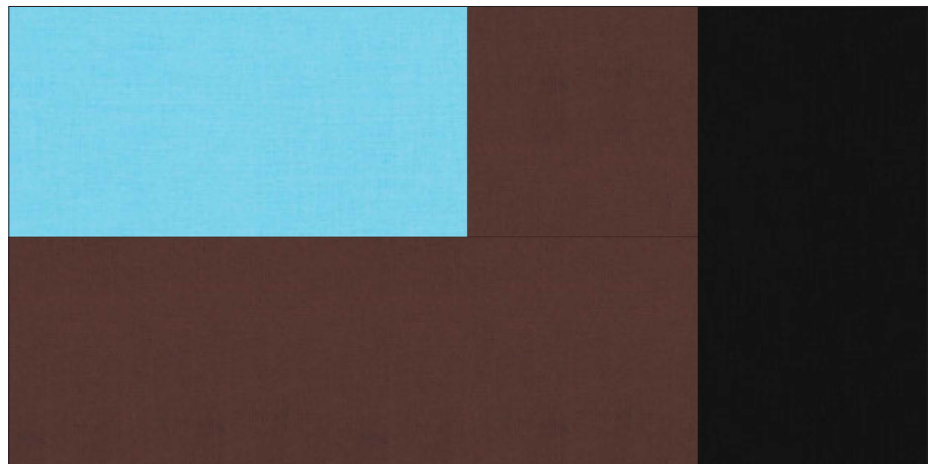
Sew Brown  $2\frac{1}{2}$ " square to end of Light Blue rectangle.



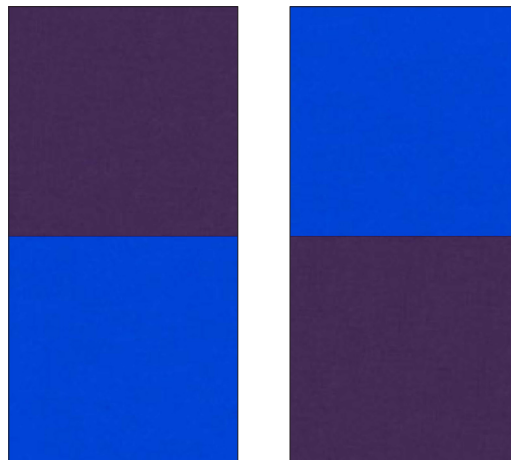
Add the Brown  $6\frac{1}{2}$ " x  $2\frac{1}{2}$ " rectangle to the bottom.



Add one Black  $4\frac{1}{2}$ " x  $2\frac{1}{2}$ " rectangle to the side.

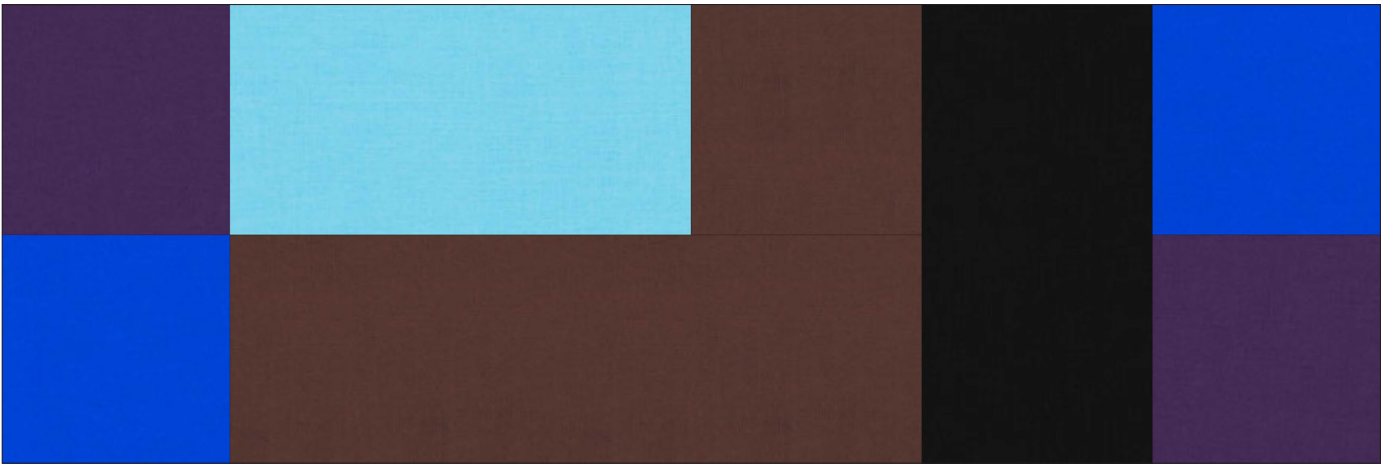


Sew Blue and Purple  $2\frac{1}{2}$ " squares in pairs.





Sew Blue/Purple rectangle to Light Blue/Brown/black rectangle to Blue/Purple Rectangle.

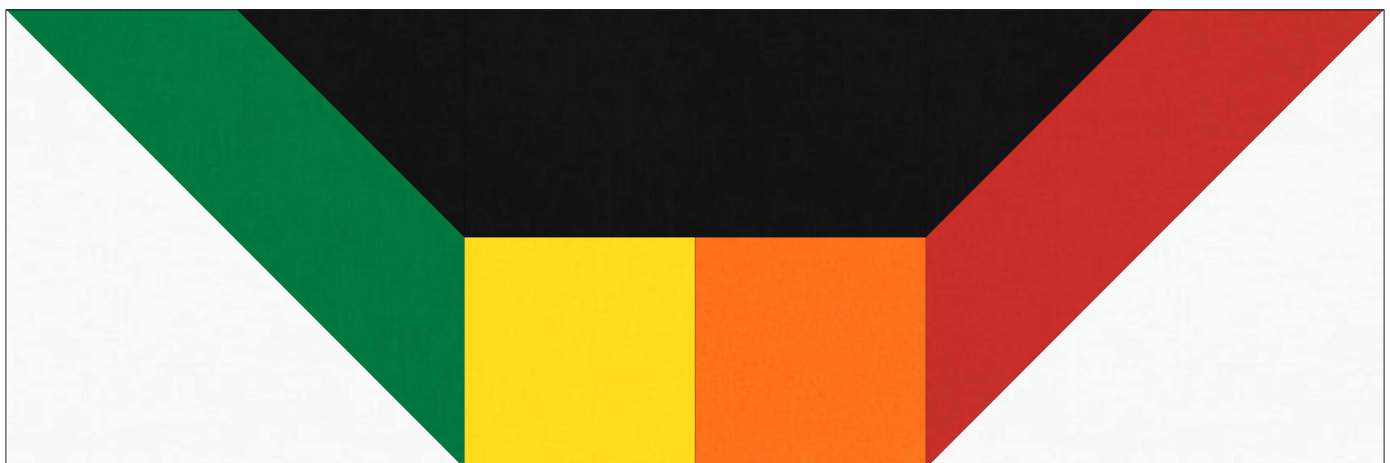


**BOTTOM ROW**

Sew Black 4½" x 2½" rectangle to Yellow/Orange rectangle.



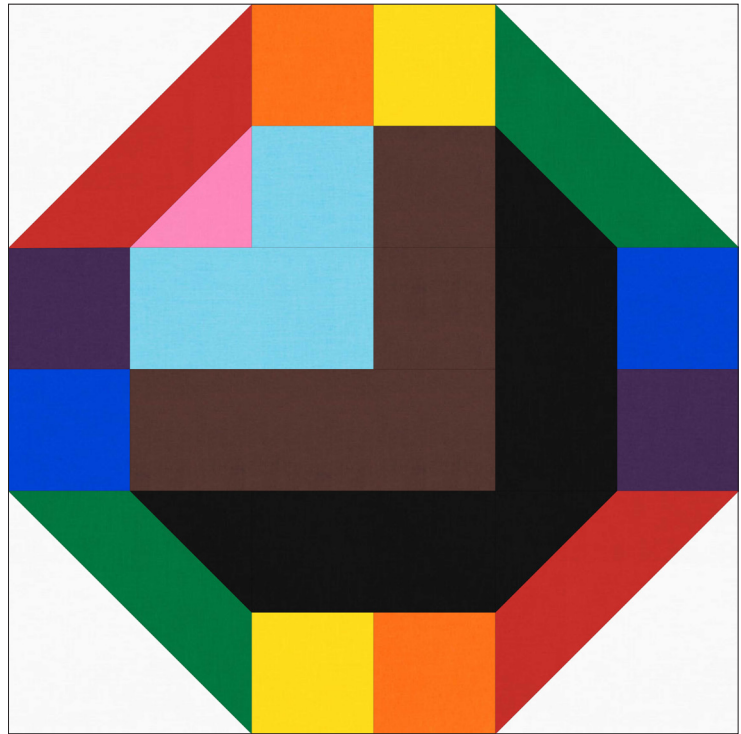
Add remaining Corner blocks to each side, matching seams at the middle.



## JOIN THE ROWS

Sew Top, Middle, and Bottom rows together.

Block should measure 12½" x 12½".



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### Got questions?

Please contact Kelly Moore, CQA/ACC Membership Director at: [membership@canadianquilter.com](mailto:membership@canadianquilter.com)

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