



Delectable Folx

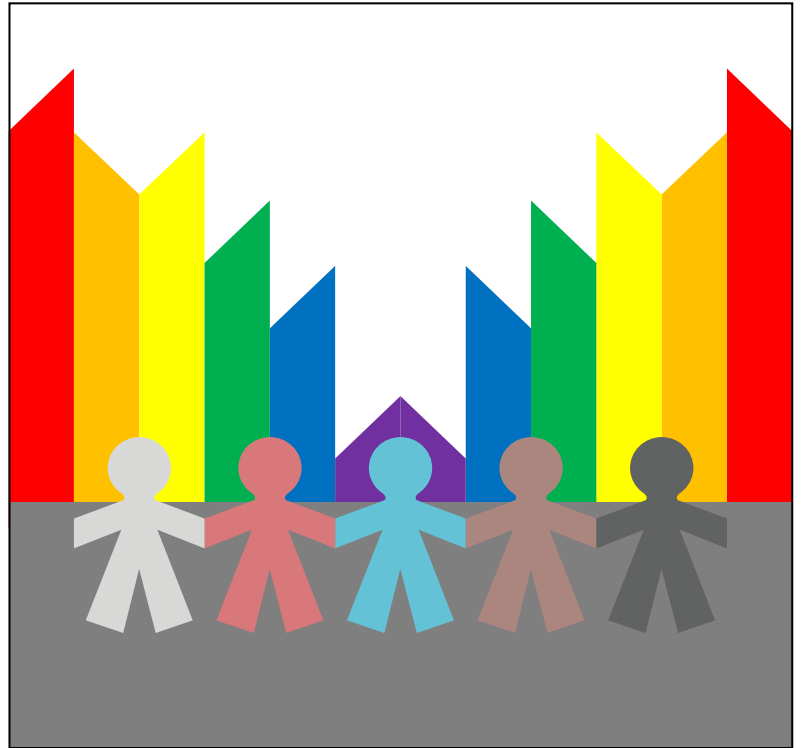
Designed by Corey Follett



Similar to Corey's Block 7, *Delectable Folx* is a spin on a traditional block (*Delectable Mountains*) constructed with rainbow colours from the Progress Flag, along with five androgynous paper dolls.

"*Folx* is an updated spelling of *folks* that is intentional in including ALL people under that label," says Corey. "As with the *Queering the Cabin* block, it's a reminder that we're here, we're queer, and we're quilters too."

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UNFINISHED BLOCK 12.5" x 12.5"

Fabric Requirements

Red fabric.....	Two 7½" x 1½" strips
Orange fabric	Two 6½" x 1½" strips
Yellow fabric.....	Two 6½" x 1½" strips
Green fabric.....	Two 5½" x 1½" strips
Blue fabric.....	Two 4½" x 1½" strips
Purple fabric.....	Two 2½" x 1½" strips
White fabric.....	Two 2½" x 1½" strips
	Four 3½" x 1½" strips
	Two 4½" x 1½" strips
	Two 5½" x 1½" strips
	Two 7½" x 1½" strips
Medium Grey fabric.....	One 12½" x 4½" strip

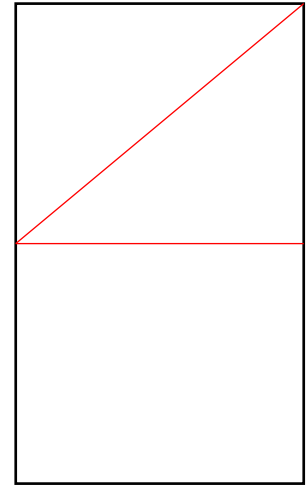
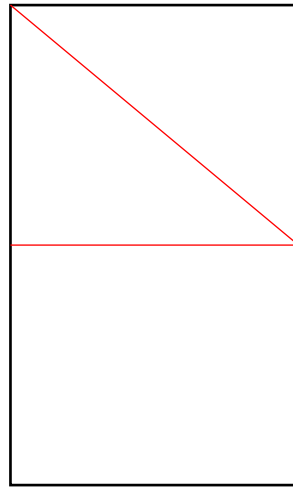
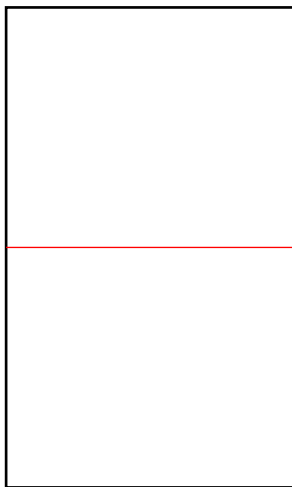


BLM: *Is this too Politi-quilt?*, designed following the death of George Floyd. "This is my response to those who are afforded the privilege to only ever quilt for fun or escape." Quilted by Nicolle Ralph, Urban Quilter.

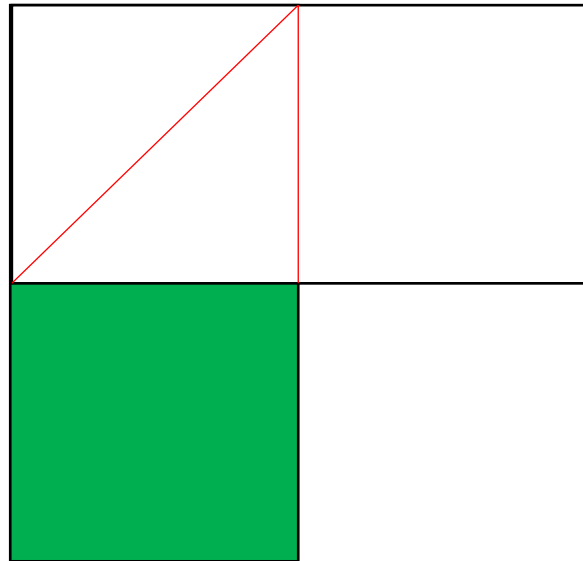
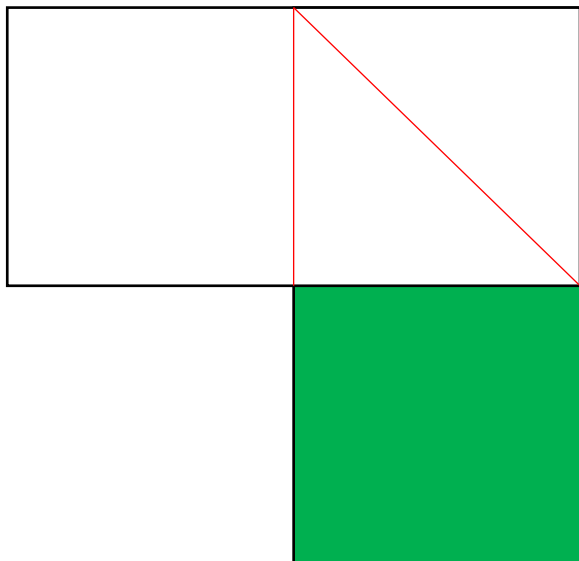
Assembly Instructions

Sew all seams using a $\frac{1}{4}$ " seam allowance.

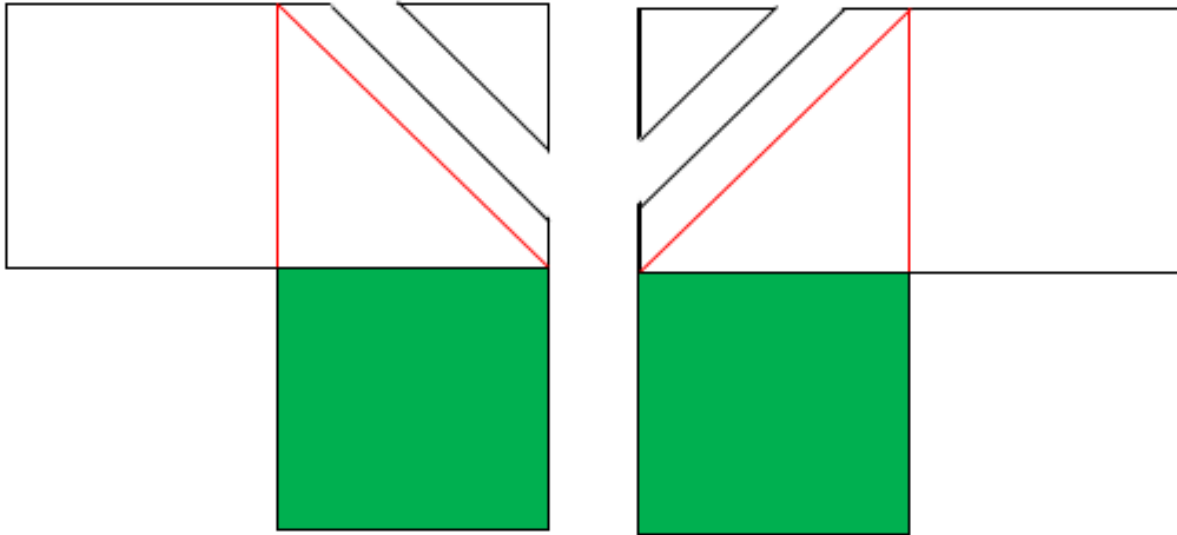
- 1 On the wrong side of each of the twelve white $1\frac{1}{2}$ " strips, measure $1\frac{1}{2}$ " in from one end of the strip and draw a straight line across the strip using an erasable pen. This will create a $1\frac{1}{2}$ " x $1\frac{1}{2}$ " square.
- 2 On one of each pair of white strips, draw a diagonal line from the top left corner to the bottom right corner inside the $1\frac{1}{2}$ " x $1\frac{1}{2}$ " square drawn in the previous step.
- 3 On the others in each pair of white strips, draw a diagonal line from the top right corner to the bottom left corner inside the $1\frac{1}{2}$ " x $1\frac{1}{2}$ " square drawn.



- 4 Next, create 12 strips $8\frac{1}{2}$ " long by placing the white pieces on the appropriate coloured pieces. Half will be a right angle to the coloured piece in one direction and half the other direction.



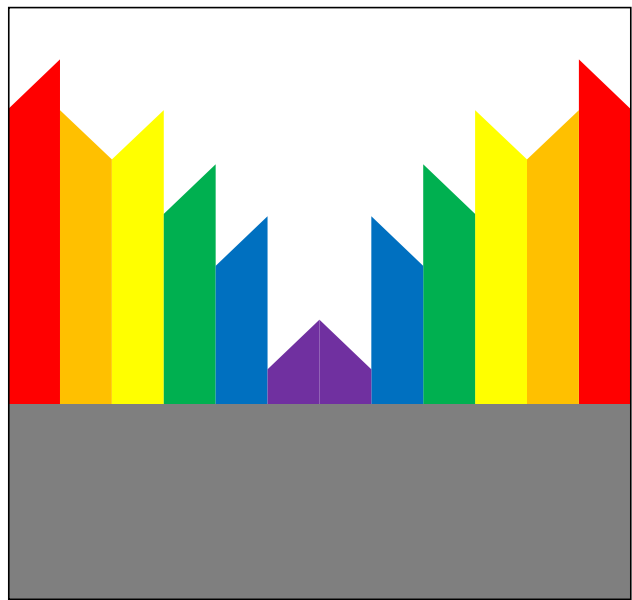
- 5** Sew a needle's width just to the right of the diagonal line on all of the pieces. Trim the excess fabric to make a $\frac{1}{4}$ " seam allowance. Press seams.



- 6** Start sewing the strips together to form the mountains. Make sure to lay them out in order to get the correct positioning. The piece should measure $12\frac{1}{2}$ " x $8\frac{1}{2}$ ".



- 7** Sew the $4\frac{1}{2}$ " x $12\frac{1}{2}$ " medium grey strip to the bottom of the mountains. Press. The block should measure $12\frac{1}{2}$ " x $12\frac{1}{2}$ ".



Fabric Requirements for Appliqué

For confident beginners/intermediate quilters with experience doing raw edge fusible appliqué, continue with directions to add the *Folx* to the block.

White fabric.....	One 4½" x 2½" rectangle
Pink fabric	One 4½" x 2½" rectangle
Light Bue fabric.....	One 4½" x 2½" rectangle
Brown fabric.....	One 4½" x 2½" rectangle
Black fabric.....	One 4½" x 2½" rectangle
Appliqué adhesive	One 11" x 8½" rectangle

Assembly Instructions

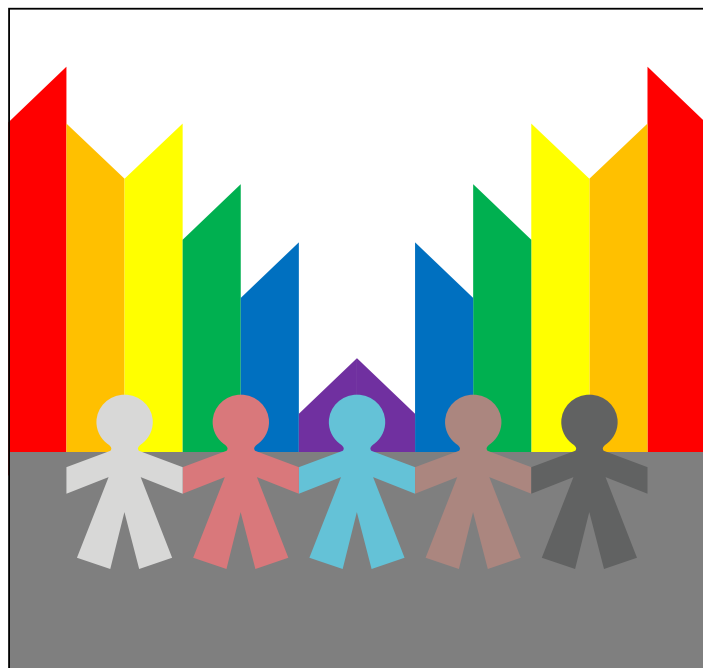
Trace the attached paper doll template five times onto the appropriate side of the fusible appliqué product of your choice.

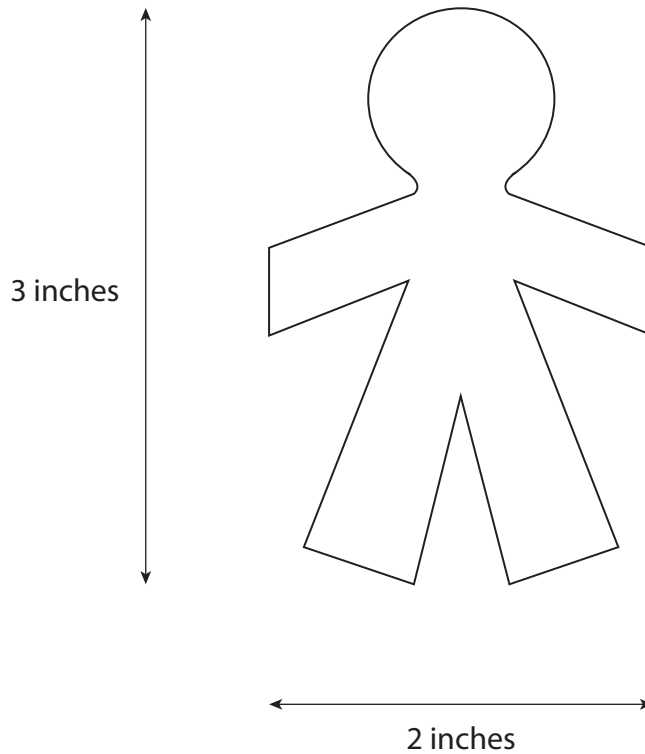
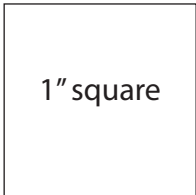
Cut out each paper doll shape leaving a rough ¼" around each shape. Do NOT cut on the lines at this step.

Fuse each paper doll onto one of the five 2½" x 4½" rectangles of fabric in white, pink, light blue, brown, and black as per directions for the fusible product used.

Cut each shape out, on the lines this time, and position them in place as per the block diagram below. It is easier to start with the middle doll (light blue) and work out to the sides.

Fuse in place using an iron. Once cooled, appliqué each doll using your preferred appliqué stitch (e.g., straight stitch, zigzag, satin, blanket, etc.).





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Got questions?

Please contact Kelly Moore, CQA/ACC Membership Director at: membership@canadianquilter.com

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