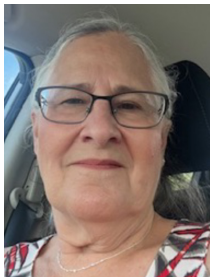




Embrace

Designed by Carol McRae, Fonthill, ON



Carol's mother was an avid quilter, so she was exposed to quilting early on, and had the privilege of hand quilting some of her mother's beautiful work.

"When I retired 10 years ago, I knew what I wanted to do with my time," she says.

Carol decided to take some quilting classes and discovered a love for appliqué. Then, in 2017, she purchased a HandiQuilter machine and opened a longarm business called Legacy Quilters.

"I also work on commissions and memory quilts," she says. "This is where I really get to use my creativity and design skills."

When she has a design in mind, she gets graph paper, rulers, and a pencil. Although, she recently purchased EQ8, and is learning to use it to create digital patterns.

We are grateful Carol decided to share a block design for the True Colours Quilt Along. It is a simple design turned on point, and uses all 11 colours in the Progress flag.

"My son is part of the of the 2SLGBTQI+ community," she explains, "so this project has very special meaning for me."

"I had been thinking for some time now about creating a 2SLGBTQI+ quilt," she says. "When I saw the CQA/ACC call for blocks for the *True Colours Quilt Along 2025*, I knew this was the right time."

Thank you, Carol!

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UNFINISHED BLOCK 12.5" x 12.5"

Cutting Instructions

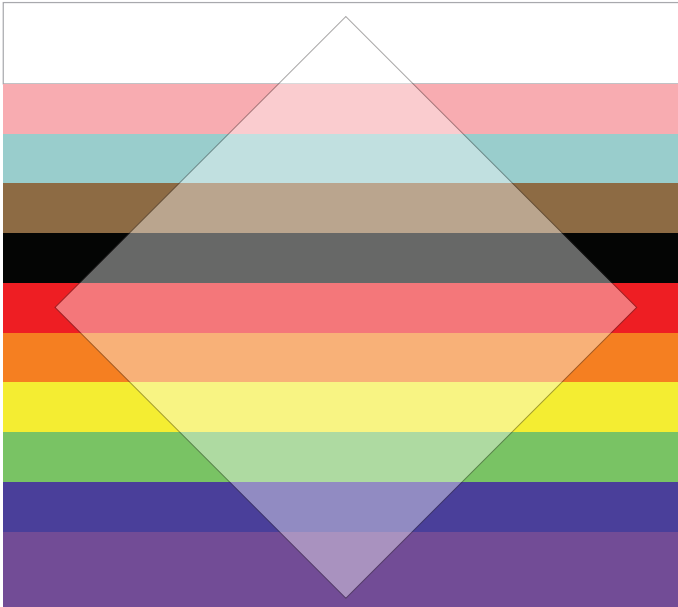
Cut white and purple strips at 2.5" x 19".

Cut all other strips at 2" x 19".

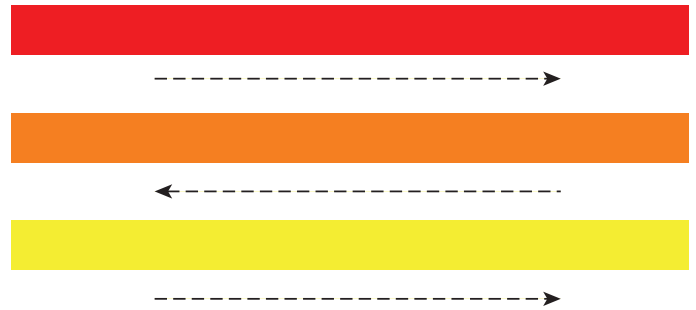
- | | |
|---------------------|------------------|
| 1 White Fabric | 7 Orange Fabric |
| 2 Pink Fabric | 8 Yellow Fabric |
| 3 Light Blue Fabric | 9 Green Fabric |
| 4 Brown Fabric | 10 Blue Fabric |
| 5 Black Fabric | 11 Purple Fabric |
| 6 Red Fabric | |

Assembly Instructions

Assemble your 11 strips in the following colour sequence. Use a consistent ¼" seam allowance. Press to one side.



NOTE As you sew multiple strips together you may get bowing. To minimize this, alternate the direction the seams are sewn.



Once all your strips have been sewn together, it's time to trim your block.

Using a 12½" ruler, place it on your strips, centring it on the red strip as shown above and trim.

Share your progress in the CQA/ACC Quilting Projects group on Facebook.

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Got questions?

Please contact Kelly Moore, CQA/ACC Membership Director at: membership@canadianquilter.com

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