

Supply List for Quilt Canada 2024 Workshop

Instructor: Cathy Tomm
Workshop Title: Indigo Dyeing
Date & Time: Thursday June 20, 8:30 am – 4 pm
Location: University of Alberta - Human Ecology Building- Wet lab
Corner of 116th & 89 Ave (Note: students are responsible for their own transportation to this workshop and it is no within walking distance of the Edmonton Convention Centre)

Required Supply Fee: **\$25.00 (correct change) cash in class or prepay before June 18 to email cathytomm@xplornet.com**

Supplies Includes:

- Dyes and buckets to dye and drop cloths will be provided by Cathy. We will also have an ironing station for clean undyed fiber. I have a drying rack to hang fabrics after. Your supply fee will cover these supplies.

Quilt Canada Supplies:

- shared iron

Student Supplies: I have a Zoom presentation on May 21 at 7pm to 8:30 MT before Quilt Canada so students can stitch before class. Plan to record so it can also be sent out for students to watch, even students that sign up past the May 21st date.

- Fibre to dye, mostly, we will work with quilting cotton. If you are only doing quilt cotton you can plan to dye up to 5 m maybe 6m. Look for good quality 100% cotton. Look for PFD (prepared for dyeing) Cotton or you can buy white cotton cloth and wash it. How to do this. Washing machine in hot water with Synthrapol or (new out is) Kieralon – Dyer's Detergent from Dharma, I also will use laundry soap and baking soda (3TB a load) in a pinch. It is to remove any treatment that might be on your fabric. Dry and press your fabric and now you can do resist work with it. The resist work will be covered in our zoom meeting before the main class. Then I will go over resist work again in class time. Class time will mostly be our time to do our dyeing. Threads and delicate fibres can be hand washed with a little soap and water. Rinse and dry.

- A couple of local Edmonton quilt stores are letting you buy online and then you can pick up or I can pick up and bring your fabric to class. <https://www.trapunto.ca/collections/all-fabric> Trapunto fabrics is willing to do this. This is not ideal but if you must or need a bit more cotton.
- Other light colours can also be used (However yellow may give you a green not blue).
- Other cottons you might want to try are cheesecloth or a twill cotton or ruff cotton.
- Thread, dollies, a T-shirt(spandex of 10% still dyes), Scarf, cotton shopping bag, kids clothes
- Linen, Hemp, and silks can be dyed too. These are plant-based fibers.
- Wool and other animal fibers can also be dyed. They will also need to be pre-washed.
- Wear old clothes, we will get messy. Shoes wear something comfy you might be standing most of the day. You might want an old hand towel for yourself, this might get blue stains.
- Rubber gloves (maybe a 2nd pair in case). Not hospital short gloves but maybe reusable yellow ones. You will be fishing out fabric from a 5-gallon pail. I will have tongs or a large spoon to help you.
- Mask to wear while I make up the dye vats.
- Scissors, for fabric and thread
- Blue washout pen. Miracle Tailor's pen is nice to help with lines. I have also used Frixion and never seen it come back as we wash this fabric so much.
- Tape measure can be a roll up type.
- Needles for crochet thread so a bigger hole.
- Thread, cords, twills, I love Crochet cord 10 weight is the thicker stuff. I will bring some. I use 30 for most of the hand stitching I do into the fabric. Dental floss can also be used, or a large strong thread that is larger.
- Rubber bands, clamps, clothes pegs- I found nice heavy-duty ones at Dollarama, Wood clamps. My dad made me some wooden shapes to try out, they can be held with heavy elastic bands. I love the elastic that comes on Broccoli, I save them all for dying.
- PVC pipe, so you can try pole wrapping. I will bring some tubes I have to share with you.

- A bucket or pail or plastic tray to carry wet fabric in. You might want more than 1. I will have some for travelers to lend in class.
- Large zip lock type bags so you can package up wet fabric.

I will be bringing a selection of PVC pipes, wooden blocks, string, rubber bands, clamps, and pegs but I do not have enough for each student to have their own full set. You will get to try out a few things. If you can start to fold, clamp, tie, bind, attach rubber bands, then you will have more dying time. Your hand stitching Must be done before class.

On May 21 at 7 MT, I have planned a zoom meeting. You will learn many methods at this time. I will plan to record the zoom and send it out for you to rewatch. I will be showing you how to stitch some patterns on our zoom meeting. Most of your hand stitching should be done before class. I get 1 or 2 Fat Quarters hand stitched in about 2 to 3 hours. So, if you like the hand stitched fabric samples you must do it before the workshop.

I am also hoping to get you some hand outs to you before our class.

Cathy Tomm

Land line – 780-986-4205 best to talk in person or leave a message

Cell 780-905-6585 I do not answer it text only please

Email cathytomm@xplornet.com

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Instagram <https://www.instagram.com/cathyltomm/>