

# Supply List for Quilt Canada 2022 Workshop

Instructor: Ana Buzzalino

Workshop Title: Paintstiks on Fabric

Date & Time: Friday, June 17, 8:30 am – 4 pm, 90-minute lunch break

Location: Vancouver Convention Centre East – See signage when you arrive for room

Kit Fee: \$30.00 Optional Kit (Payable at the start of class. Correct change is appreciated)

Kits need to be pre-ordered by email ([ana.buzzalino@shaw.ca](mailto:ana.buzzalino@shaw.ca)) by May 31, 2022 and will be brought to the workshop.

Kit Includes:

- Foam core board
- Self-adhesive foam sheets
- Foam shapes
- Different textures

Student Supplies: Fabric:

As a minimum have 4 fat quarters of white fabric and/or 4 fat quarters of black fabric for class, so you can try them on both and see how they react. Black looks especially nice if you have a few metallic Paintstiks and lighter colours. You can also use navy or a dark colored fabric instead of black.

Consider working on larger pieces of fabric such as whole meters if you'd like to make a standalone piece

Note: how much fabric you will use depends on how fast you work, so bring a few extra pieces in case you need them.

Paintstiks can be used on any type of fabric: cotton, silk, organza, batiks, etc. If you'd like to try the Paintstiks on a different piece of fabric, bring some along.

Before class: Please pre-wash your fabrics and iron flat, especially if you are planning on washing your fabrics after heat-setting.

### Paintstiks:

Your choice of how many you use during class. 2-3 is ample to give them a try and get used to the feel of them and how they work. Having 3 different colours will give you more variety. If you only have one, you'll have a beautiful monochromatic piece. You can also bring more: consider a variety of metallic and opaque colours.

### Rubbing Plates:

I will be showing you how to make your own rubbing plates using foam core board and sheets of self-adhesive foam, plus foam shapes and such – If you purchased a kit, these supplies are provided in the kit.

If you have not purchased a kit, you'll need:

A sheet of foam core board (feel free to cut in 4 to make it easier to pack for travel)

4-6 sheets of self-adhesive foam (I find these at Walmart or Michaels)

Optional: Self-adhesive shapes like letters, circles, animals, etc.

### Other supplies:

Look around the house. You can use anything as a rubbing plate if it has a texture: shelf liner, a piece of plastic grid, washers, mesh, etc. Bring a variety and be prepared to share!

If you have any commercial rubbing plates, feel free to bring them along.

### Other Supplies:

- Fabric cutting scissors
- Paper cutting scissors
- X-acto knife
- Paper, pen and pencil

- Small paper trash bag
- Rotary cutter
- Rotary cutting mat – 11” x 17” works well
- Ruler – 6” x 12” or similar
- Paper towels
- Painter’s tape
- A few sets of disposable gloves – optional if you don’t want to get paint on your hands
- A plastic or Styrofoam tray or plate to use as a palette
- An old toothbrush
- A stencil brush
- 2-3 commercial stencils of your choice
- 1 meter of Freezer paper
- Baby wipes or an old wet towel to wipe your hands with 10-12 sheets of tissue paper
- A large plastic bag
- A Ziplock bag to store your Paintstiks for travelling