



Ribbon Block

Designed by Judy Coffin



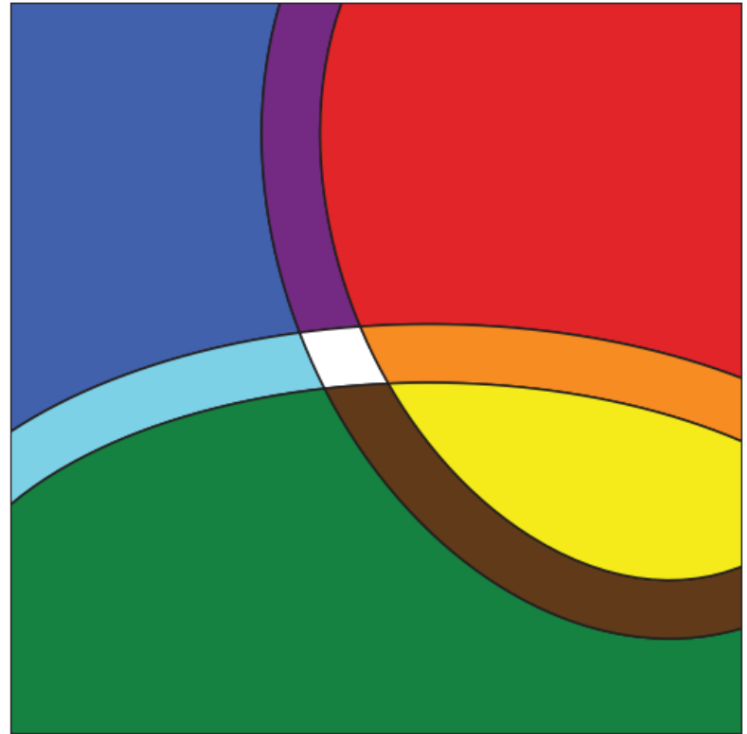
Although Judy lived most of her life in Quebec, she recently moved home to PEI. She is a graphic designer as well as a quilt artist who is inspired by nature, stories, songs, images, colours, and the work of other fibre artists, both traditional and modern.

“The *Ribbon Block* design is based on overlapping soft curves representing the friendly embrace of acceptance and love. The curved lines also create a flowing ribbon, representing movement along the sometimes circuitous journey to awareness. The design offers the possibility of including many joyful colours in different combinations to celebrate unique expressions of individuality; the spark of light at the centre of the block highlights the importance of safe space for belonging and connection in the heart of community, along with a sense of hope for a brighter future. I hope it communicates to others that love is love: for all, for all, for all.”

“We live in an increasingly polarized world, where our opinions seem to have become more highly valued than people and relationships. We are all seeking a sense of acceptance, of belonging, of being seen and valued for our authentic selves. I have many friends in the 2SLGBTQI+ community and consider myself a strong ally.”

“I am a lifelong member of The United Church of Canada, which supports public, intentional, and explicit support of the 2SLGBTQI+ community, and I have worked with The United Church for the last six years as the communications staff person in the Quebec regional office trying to communicate messages of unconditional love. It’s wonderful to have an opportunity to express that message in a visual and tangible way.”

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@judycoffin



UNFINISHED BLOCK 12.5" x 12.5"



Information, Knowledge, Wisdom (59" x43.5"): Information is just a seed, but in fertile ground, it can flower into Knowledge...and when watered with compassion and warmed with love, it can produce the fruit of Wisdom.

Fabric Requirements

The colours in this quilt block are based on the Progress Flag (see canadianquilter.com/truocoloursqal for suggested Kona solids to match). However, True Colours is all about being our authentic selves, so if you choose your own colour combo, just try to ensure that you have enough contrast between each section.

CUTTING FOR 1 BLOCK

Print the enclosed templates at 100% size, piecing together the two sections of template G. (Note that for all templates, the solid lines are cutting lines and the dashed lines indicate ¼" seam guidelines.) Trace templates onto yardage, fat quarters, or scraps as described below, and cut out pieces.

HINT Keep your pieces sorted carefully, since some of the pieces are quite similar in size and shape (B, D, F, I).

Dark blue fabric A: 1 scrap at least 8.5" x 6"

Purple fabric B: 1 scrap at least 7" x 3"

Red fabric C: 1 scrap at least 8.5" x 7.5"

Light blue fabric D: 1 scrap at least 7" x 4"

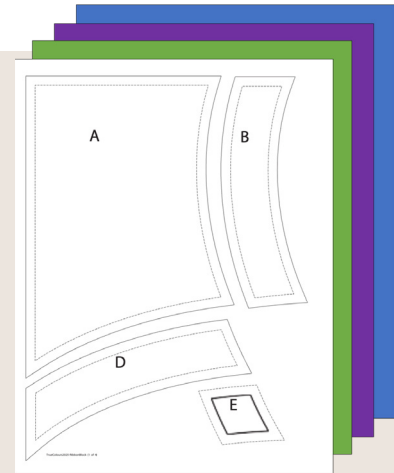
White fabric E: 1 scrap at least 2.5" x 2.5"

Orange fabric F: 1 scrap at least 8" x 3"

Green fabric G: 1 scrap at least 14" x 7"

Brown fabric H: 1 scrap at least 9.5" x 4.5"

Yellow fabric I: 1 scrap at least 8" x 4.5"



NOTE If you are planning to make more than one block and to switch up the colours for each block, you could layer several pieces of 8.5" x 11" (or 8.5" x 14" fabric for template G) in different colours, then use a rotary cutter to cut multiple layers at once, in order to have each of the nine pieces in multiple colours to mix and match.

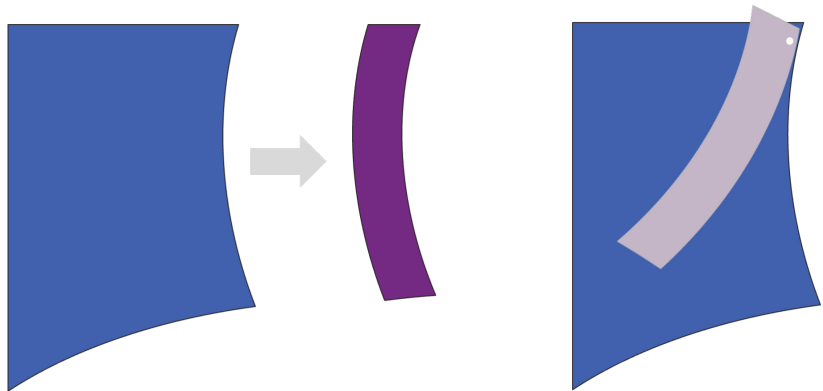
Assembly Instructions

NOTE This block is basically a curvy nine-patch. You can assemble it in three rows of three pieces each, by hand or by machine, using curved piecing techniques.

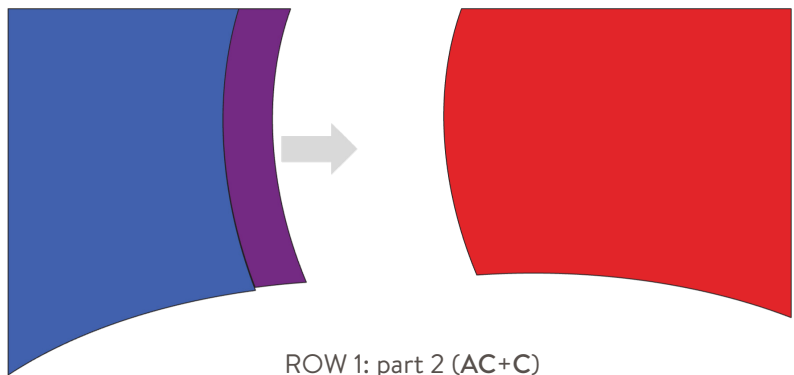
ROW ONE

Place two pieces right sides together. Line up the first part of the seam with a $\frac{1}{4}$ " seam allowance and slowly sew a tiny bit at a time, gradually aligning the pieces as you go to maintain the $\frac{1}{4}$ " seam. Like so many new challenges, it may seem awkward and difficult at first, but be brave, and you'll get there!

Alternatively, you can pin and sew. To do this, find the centre of each piece of fabric by folding it in half and making a gentle crease. Place two pieces right side together and pin the two creases together. Pin one side and then the other. Sew with a $\frac{1}{4}$ " seam allowance. Remember, go slow.



ROW 1: part 1 (A+B)

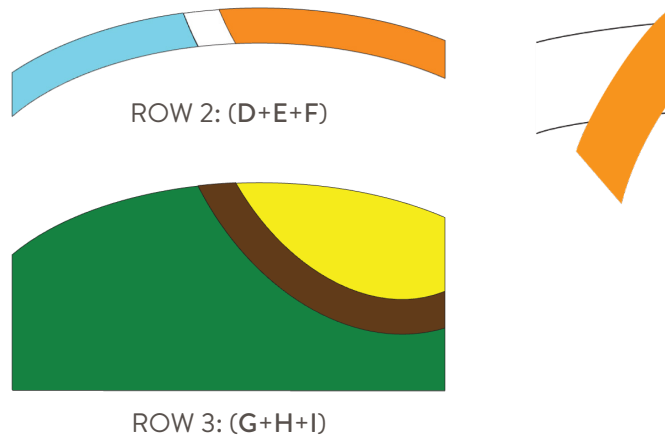


ROW 1: part 2 (AC+C)

ROWS TWO & THREE

In the same way, assemble Row 2 (D+E+F) and Row 3 (G+H+I).

NOTE For Row 2 (D+E+F) you may need to offset corners of pieces in order to match up $\frac{1}{4}$ " seam joining points, as shown below.



Once each of the three rows is assembled, carefully join rows 1 and 2, pinning as needed to match points and seam lines. It may be helpful to start in the centre and sew outwards, then turn and start in the centre again and sew outwards in the other direction.

The final step is to join row 3 to the rest of the block in the same way.

Carefully press the block flat and trim to $12\frac{1}{2}$ " x $12\frac{1}{2}$ ".

Ta da! Your *Ribbon Block* is complete!
Go out and shine for all the world to see!



Share your progress in the [CQA/ACC Quilting Projects group](#) on Facebook, and use #truecoloursqal on social media.

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Got questions?

Please contact Kelly Moore, CQA/ACC Membership Director at: membership@canadianquilter.com

PLEASE NOTE This pattern is the property of Judy Coffin. Please do not make copies or otherwise distribute the pattern beyond the needs of the *True Colours Quilt Along 2025*.



A



B

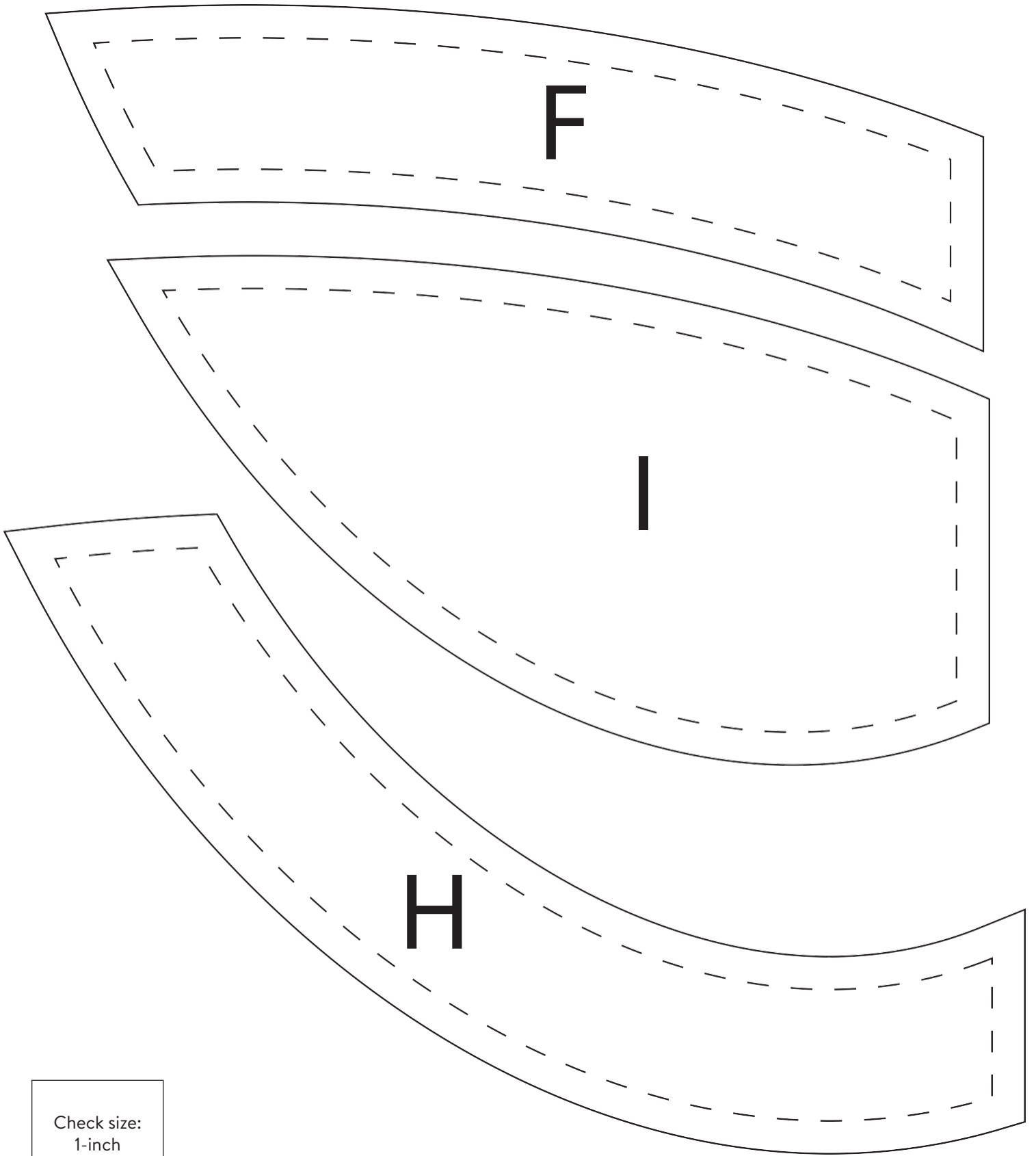


D

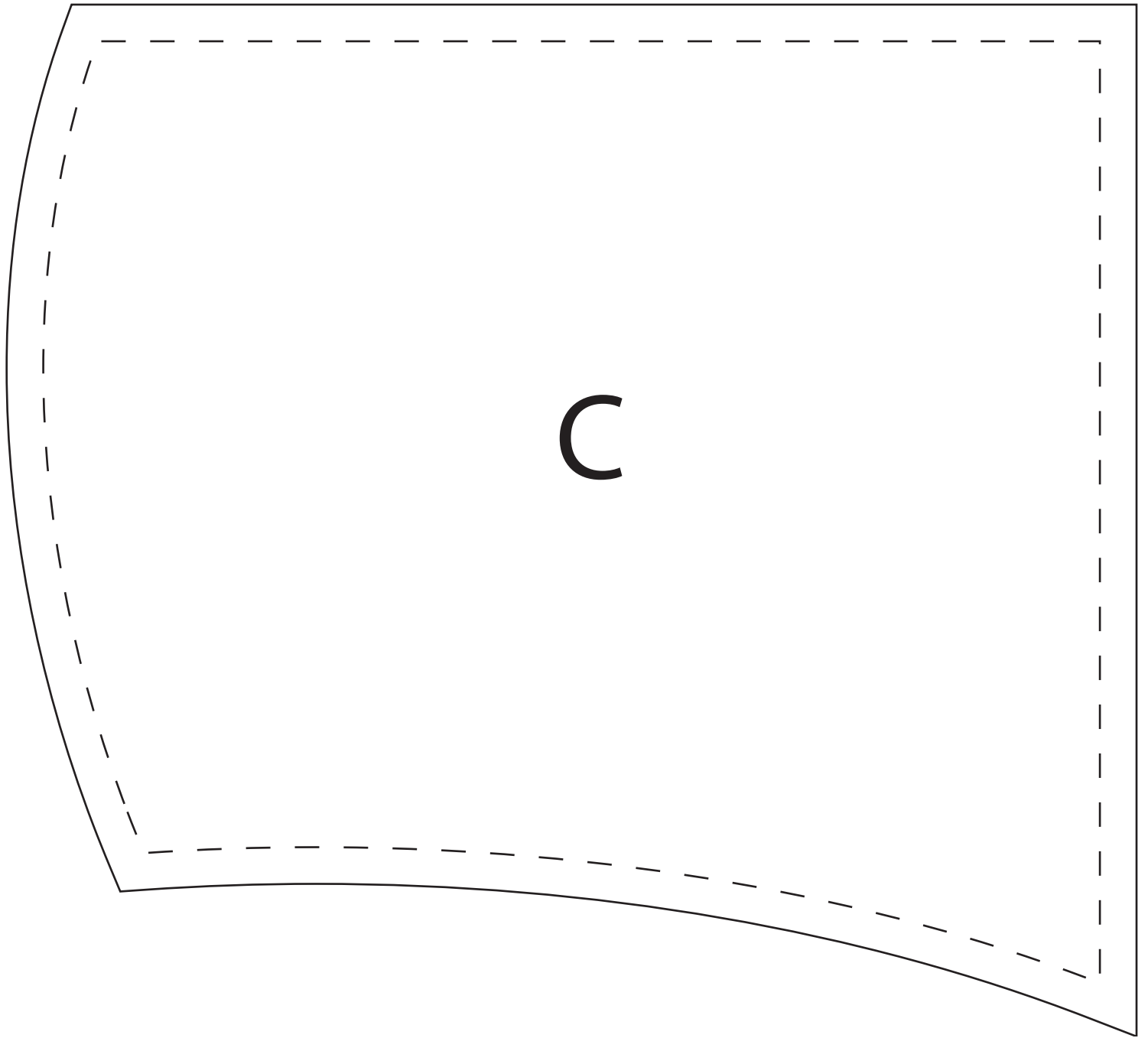


E

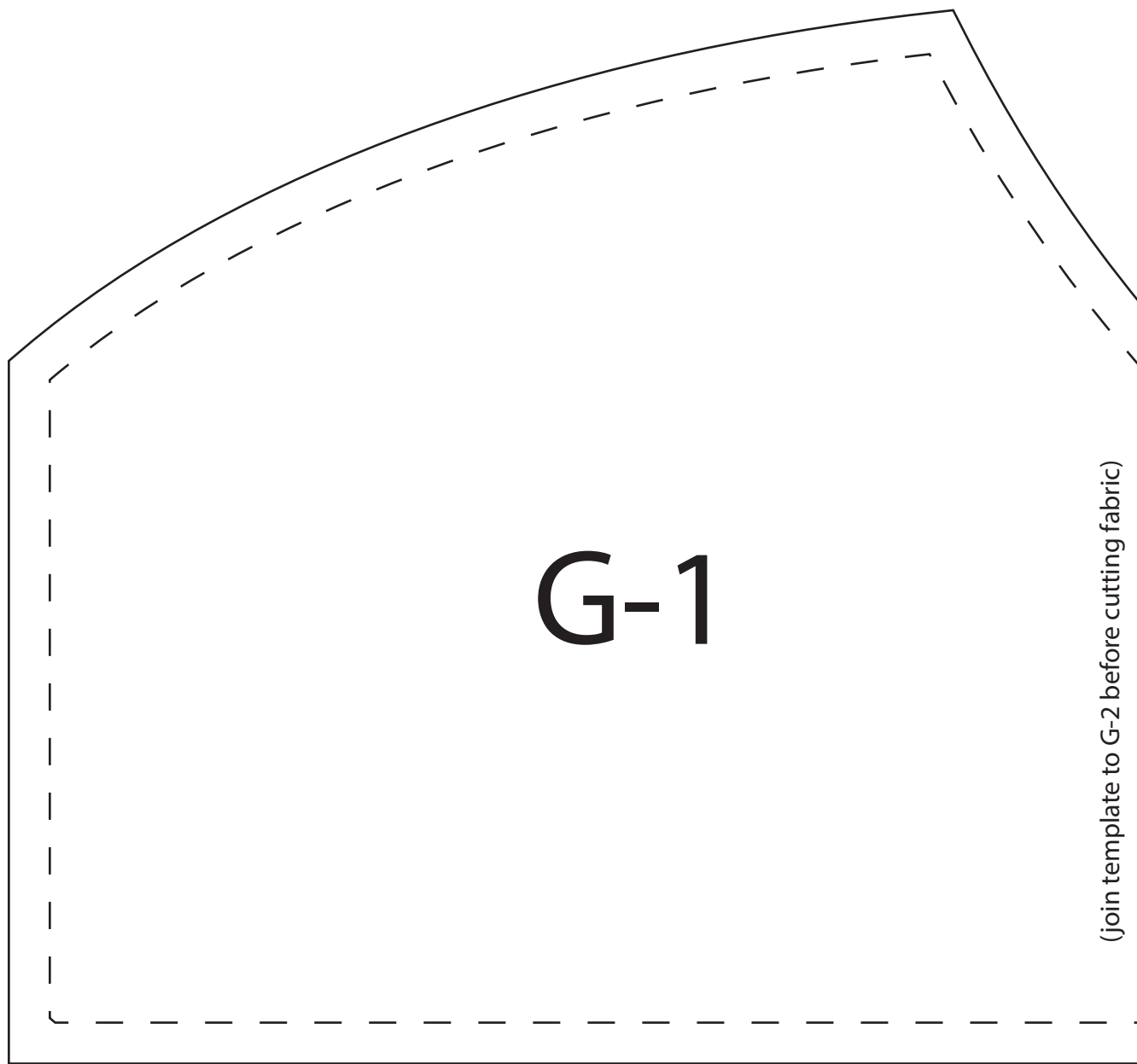
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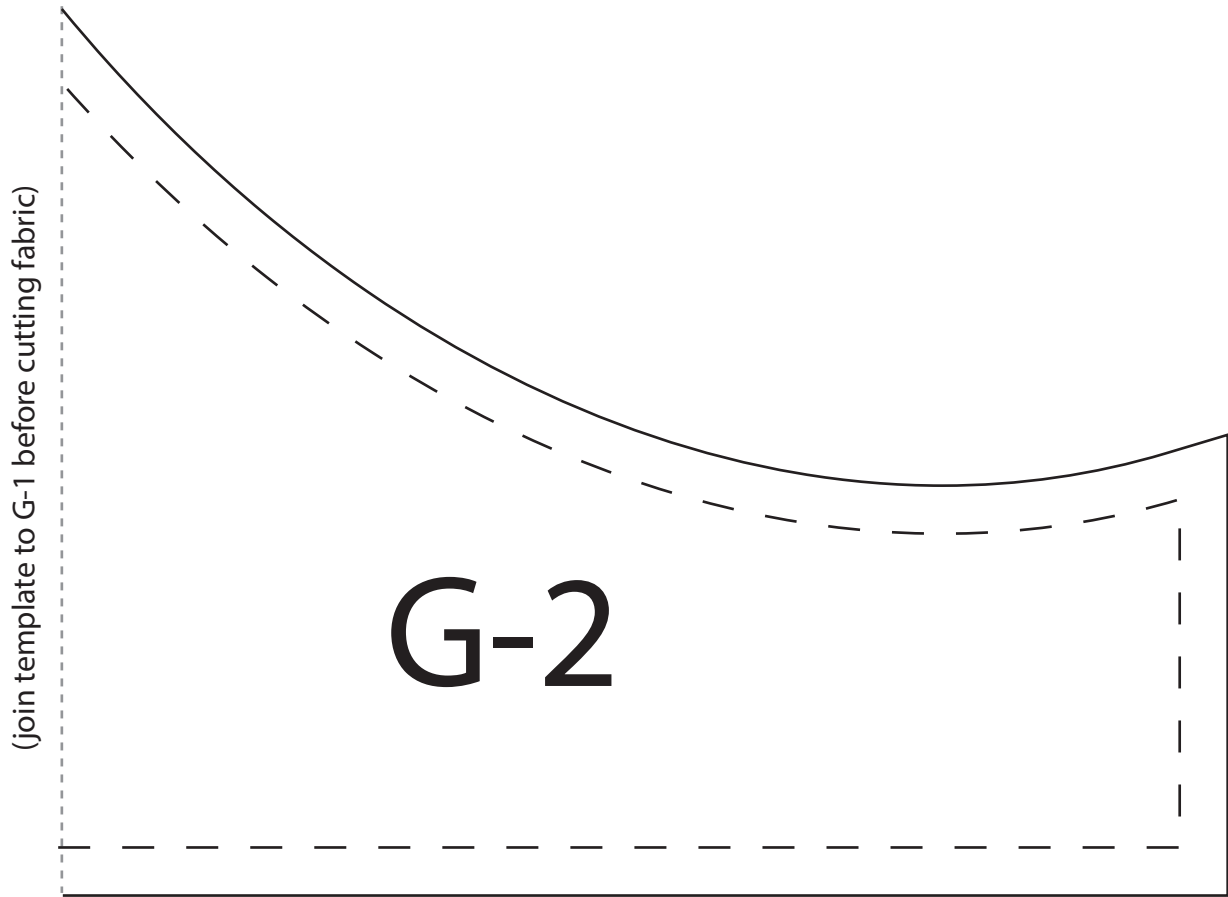
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