



BLOCK 4

Crazy Heart

Designed by Lauren MacDonald and Rolanda Tovey



You met Lauren in the Block 3 pattern. She is the EQ8 expert who helped to develop several of the patterns for this Quilt Along—thank you, Lauren!

Rolanda, like Lauren, is from Manitoulin Island, ON, and has been quilting for about 30 years.

She is a traditional quilter who loves modern colours. “I love to see what bright colours do to a *Churn Dash*, for example,” she says, “and see what happens when it is put on-point.”

“I’m really attracted to colours and how they work (or don’t work) together. I’m exploring a few different techniques, like fabric weaving and thread painting. And bag making...I have really fallen down that rabbit hole. :)”

“*Crazy Heart* was the working name of this block, and then we changed it to *It’s in My Heart*, but we guessed the message didn’t come through,” Rolanda explains. “*Crazy Heart* is a good name, because people can embellish the block like an old crazy quilt. The stitches would be holding all the pieces together.”

When we asked Rolanda what the meaning behind *Crazy Heart* is, she said there is room in her heart for everyone.

“I am a firm believer in the *live and let live* rule. I try not to judge others,” she says.

The Crazy Heart block is designed to be paper-pieced, by whichever method you prefer. If you’re not familiar with paper piecing, here are a couple of links to helpful videos:

[Bernina Canada—Paper Piecing Fun!](#)

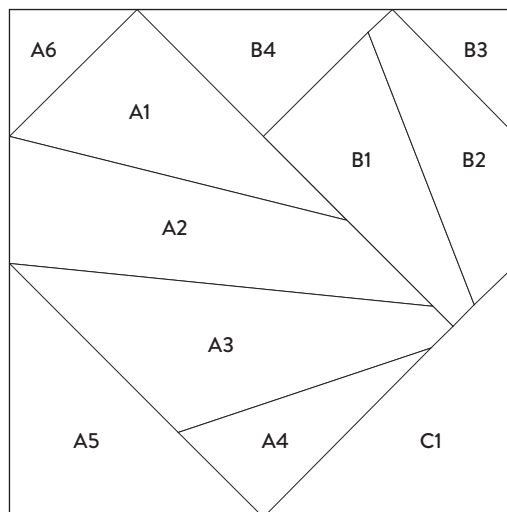
[Janome Canada—Foundation Paper Piecing](#)

Alternatively, you could add a ¼" seam allowance to all the pattern pieces before cutting them out, and then piece them traditionally.



UNFINISHED BLOCK 12.5" x 12.5"

Cutting Instructions

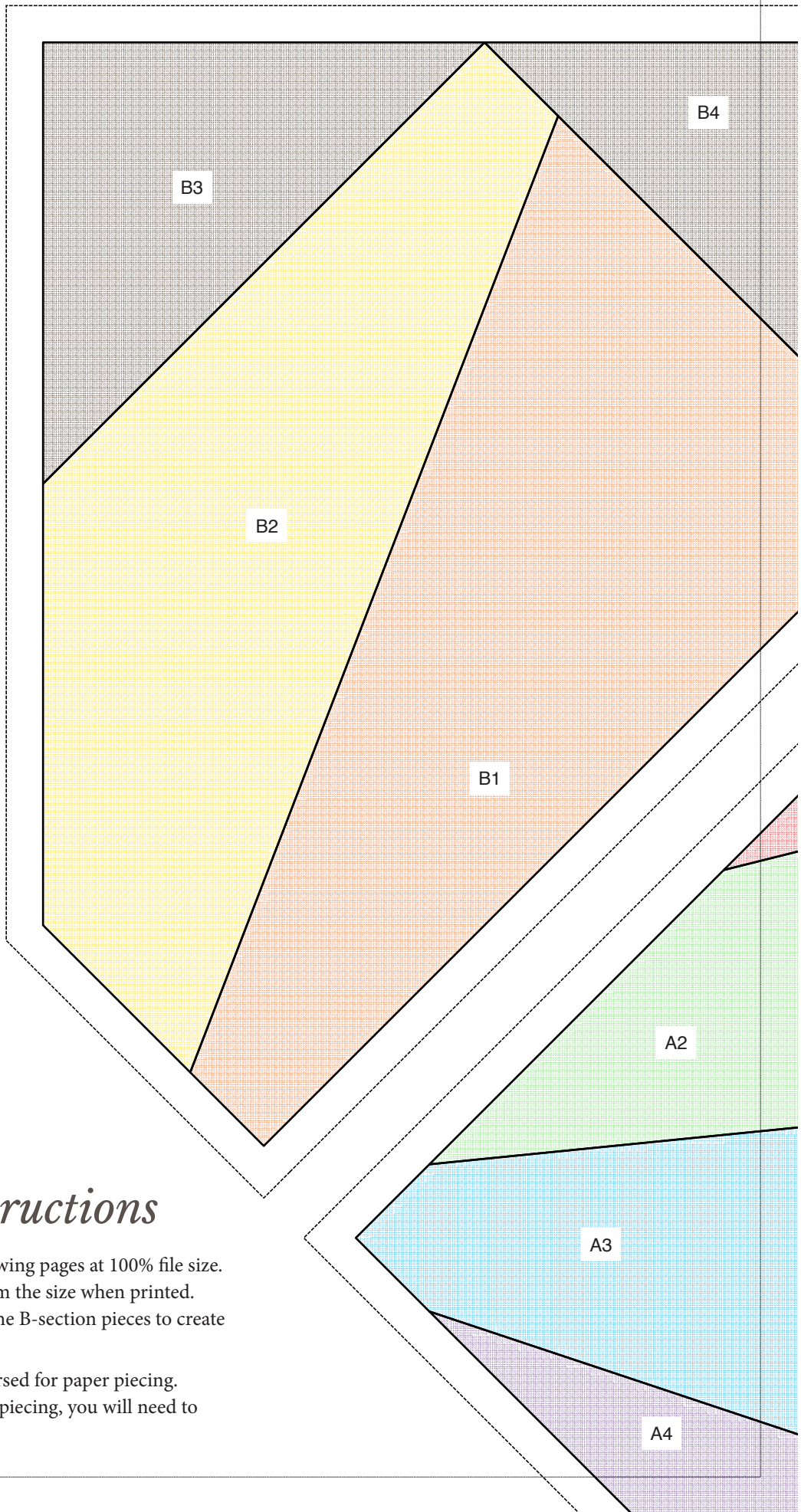


Use your favourite colours, or choose purple, blue, green, red, orange, yellow, and a background colour in the following sizes.

A1, B28" x 5"
 A211" x 3"
 A311" x 5"
 A5, C19" x 6"
 B19" x 5"

Background

A6, B4, B39" x 5"

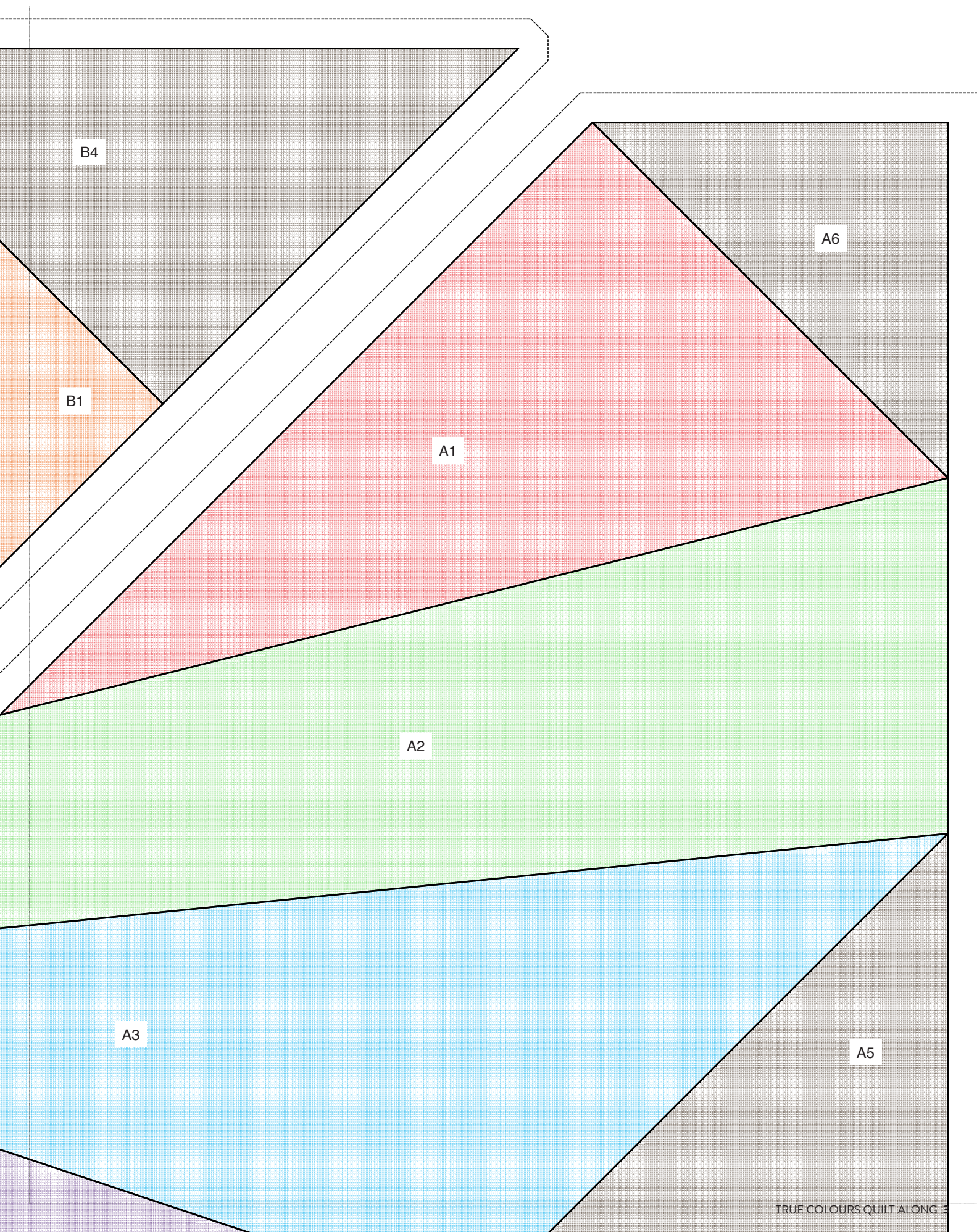


Check size:
1-inch
square

Printing Instructions

Print the templates on the following pages at 100% file size. Use the 1-inch square to confirm the size when printed. Join the A-section pieces, and the B-section pieces to create the A and B templates.

NOTE The image is already reversed for paper piecing. Alternatively, if you are regular piecing, you will need to flip the image before printing.



B4

B1

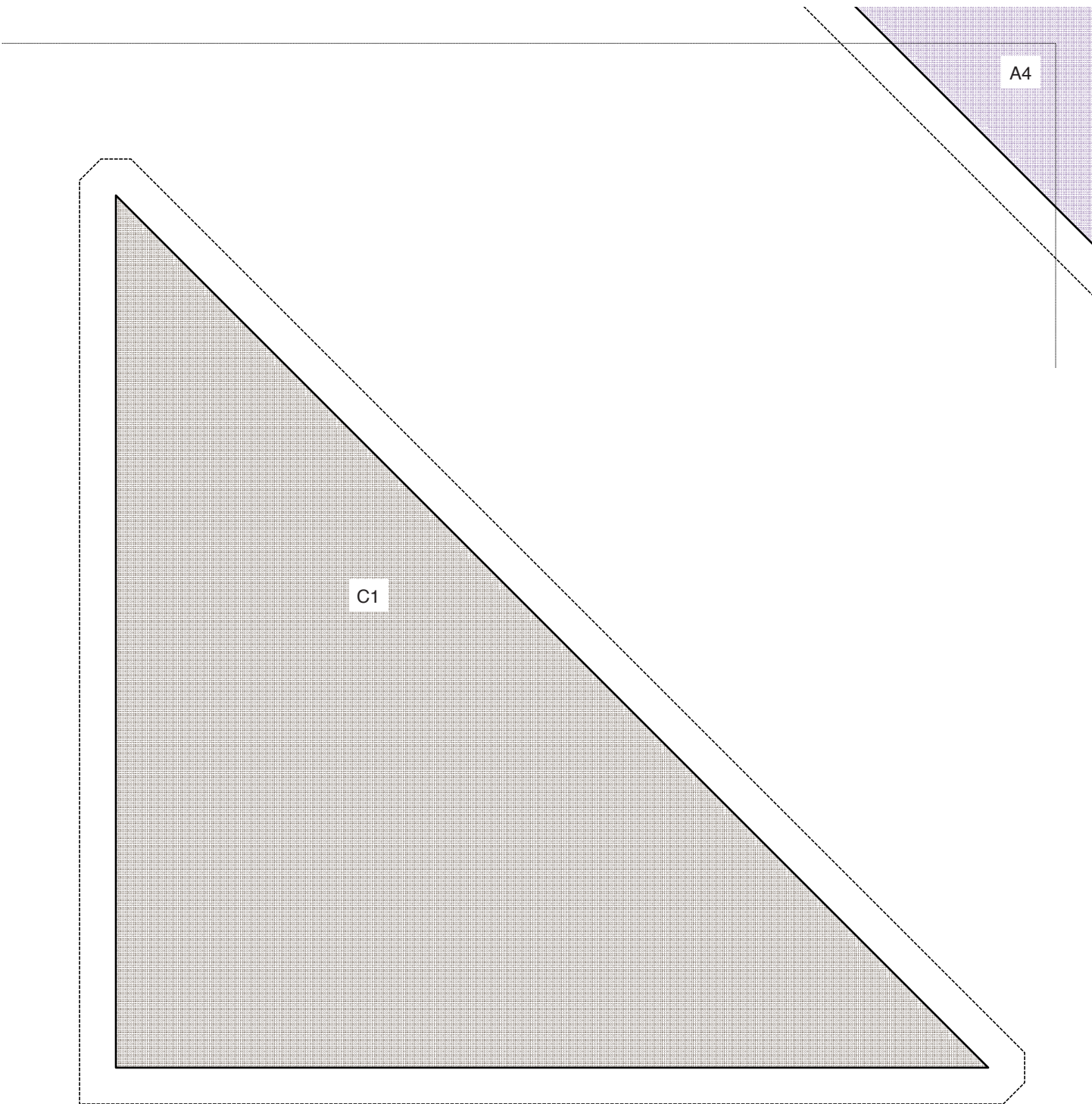
A1

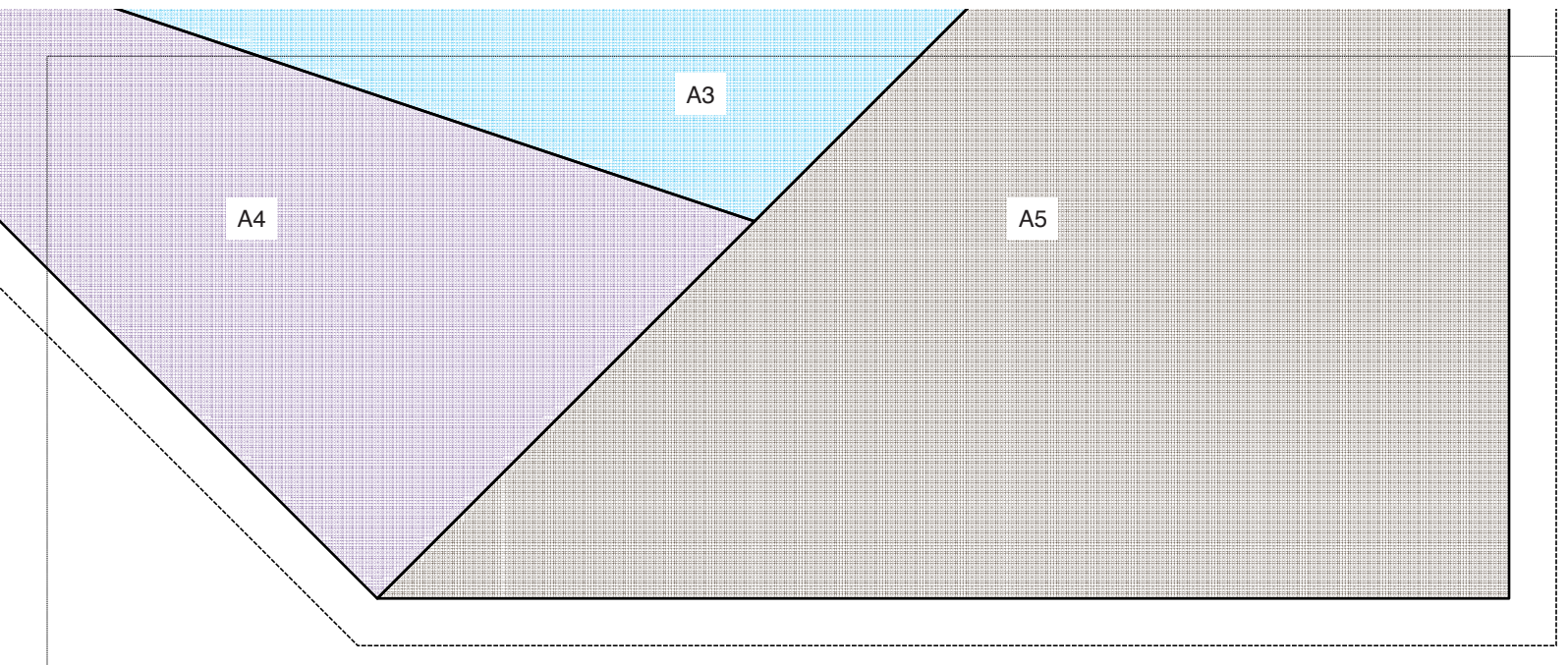
A6

A2

A3

A5





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Got questions?

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