

Row of the Month  
Row #3 - Smitten for Mittens

For Row #3 we are working on the Smitten for Mittens Block. Mittens seem perfect for this time of year when the weather is starting to get chilly and we pull out all our winter gear! These mittens will warm your hearts and our little row.

We will be appliqueing the mittens onto 6.5" x 6.5" blocks. The blocks will finish at 6". You may use your favourite method for applique or follow these instructions using fusible web. If using another method you will need to add seam allowances to the mitten templates.

When printing your templates, please use "Print Actual Size" or 100%.

You will make 7 Smitten for Mittens Blocks for this row. So, collect your fabrics and lets have some fun!

Happy Stitching Everyone!

Irene

Instructions:

1. Cut seven (7) background blocks 6.5" x 6.5". You may wish to cut your blocks a little larger and then trim them down to 6.5" square once your applique is complete. Just remember to account for this when placing the mittens onto the background.
2. Trace the mitten and cuff design shapes onto the paper side of the fusible web. Cut the shapes out a little larger than your drawn lines. Lay your applique fabric right side down on an ironing surface. Place the rough side (sticky side) of the fusible against the wrong side of the applique fabric. Using a hot, dry iron press for three seconds. Do not slide the iron. Press. Let the fabric cool.
3. Cut out the shapes on the drawn lines, making very smooth even cuts. Remove the paper from the shapes. Arrange your mittens pieces on the RIGHT/FRONT side of the background fabric, sticky side down, and press with a hot, dry iron. Next, place the cuff pieces in place. They should overlap the top of the mitten pieces. Press in place. Be as creative as you like with placement. Just be mindful not to place the applique pieces too close to the edge of the block, avoid the seam allowance area. Remember, you will be sewing your blocks together using a 1/4" seam.
4. Stitch your applique pieces down with your favourite method. You could use a buttonhole/blanket stitch either with a machine or by hand. You could also use a zig-zag stitch or a straight stitch, or your favourite stitch. If you want, you could also embellish your mittens. Be creative!
5. Once you are done, gently press your block. If required square the block up so that it measures 6.5" square.
6. Remember, you are making 7 blocks.
7. Sew all 7 blocks together using a 1/4" seam allowance. Your row should measure 6.5" x 42.5".

