

English Paper Piecing

How to English Paper Piece

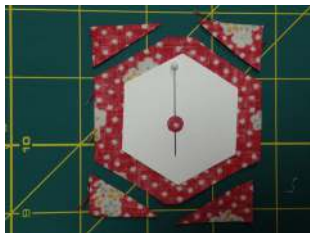
Handout

Supplies Needed:

- Hand Sewing Needle
- Neutral Thread
- Pins
- Scissors
- Thimble
- Needle Threader
- Hexagon Shaped Papers
- Fabric



1. Pin hexagon paper to the centre of the fabric square. Cut corners of the fabrics, leaving a fat 1/4" seam allowance.



2. Fold the fabric around the paper along one side at a time. Pinching the corner, fold the fabric around the paper of the next side. Make a nice sharp mitred corner. Using a tacking stitch, stitch the corner in place. Stitch only the fabric. Do not go through the paper. Fold the fabric around the paper of the next side, creating a mitred corner. Tack stitch. Continue around the hexagon until all sides are baste stitched down.

3. Place 2 hexies right sides together (RST), align the edges to be joined. Use a single strand of neutral thread. Starting in one corner, bring the needle and knotted thread up between the paper and the seam allowance, right through the corner. This will hide the knot in the seam allowance.

4. Take two stitches right in the corner. On the 2nd stitch make a Knicker Knot (ref: Sue Daley): Wrap front thread clock-wise around the tip of the needle; wrap back thread from the eye of the needle counter-clock-wise around the tip of the needle; pull needle through.

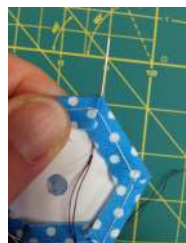


5. Stitch across the seam using a whip stitch. You should be stitching approx. 12 to 15 stitches per inch. When you insert the needle, it should be held perpendicular (90°) to the seam. With each stitch, give the tread a tug. Only stitch through the fabric catching just a tiny bit of fabric of both fabric folds. Do not stitch through the paper. You will feel the paper with your needle. When you reach the corner, take 2 stitches.



On the 2nd stitch make a Knicker Knot.

6. Whip stitch hexie 3 to hexie 2, RST. Then gently fold hexie 2 in half, and sew hexie 3 to hexie 1. Repeat until all 7 hexies are sewn together.



7. Once the centre hexie has all its seams sewn, the centre hexie paper can be removed. Do not remove the paper for a given hexie until all its sides are sewn. The paper templates can be reused several times.



Mill Creek Quilting

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