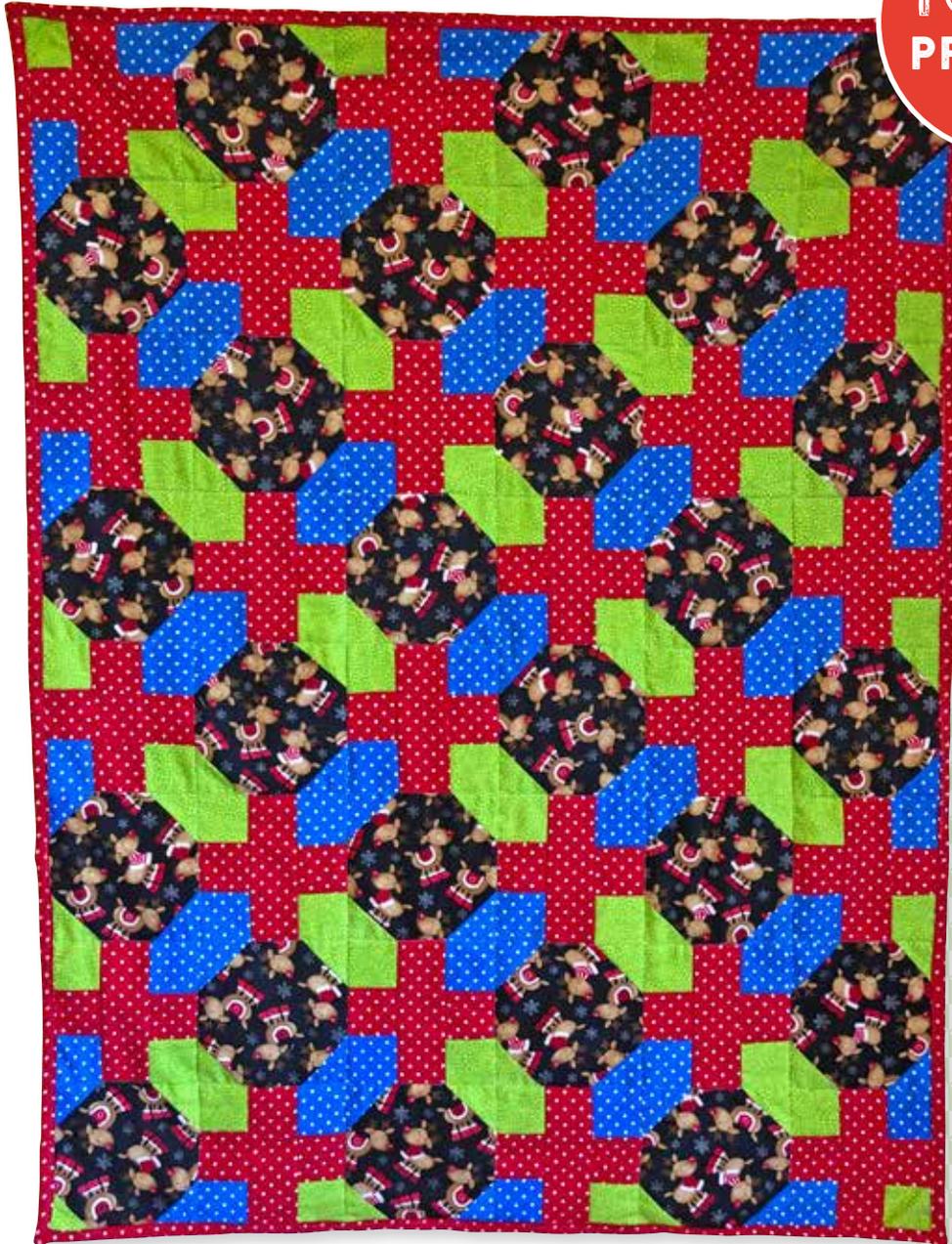


FLANNEL FROLIC

by Jackie White

YOUTH
PROJECT



Outside winter activities are fun but tiring. Cuddle up with this cozy, flannel quilt and a cup of hot chocolate to warm up those chilled fingers and toes!

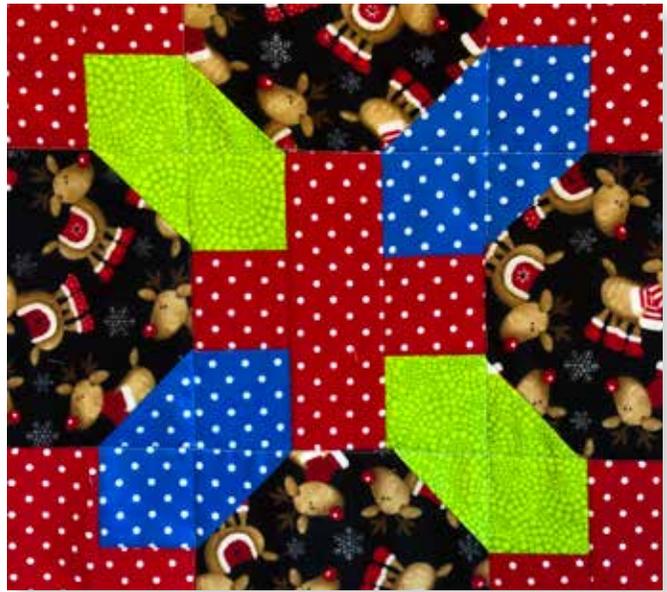
Finished size: 36" x 48"

Supplies

- 0.75 yard (0.7 metre) main fabric
- 0.5 yard (0.5 metre) green fabric
- 0.5 yard (0.5 metre) red fabric
- 0.5 yard (0.5 metre) blue fabric
- 1.5 yards (1.4 metres) backing
- 1.5 yards (1.4 metres) batting
- 0.4 yard (0.40 metre) binding (this quilt uses red)
- Straight pins (several)
- Stainless steel safety pins (medium size – several)

Cutting Directions

- Cut 24 – 6.5" blocks from reindeer fabric or big print
- Cut 48 – 2.5" green squares
- Cut 48 – 2.5" blue squares
- Cut 24 – 2.5" x 6.5" rectangles red fabric
- Cut four strips of 2.5" by width of fabric from red, blue and green fabric.



Fabric for the quilt pictured is supplied by:

TIMELESS TREASURES

Hayes

Instructions

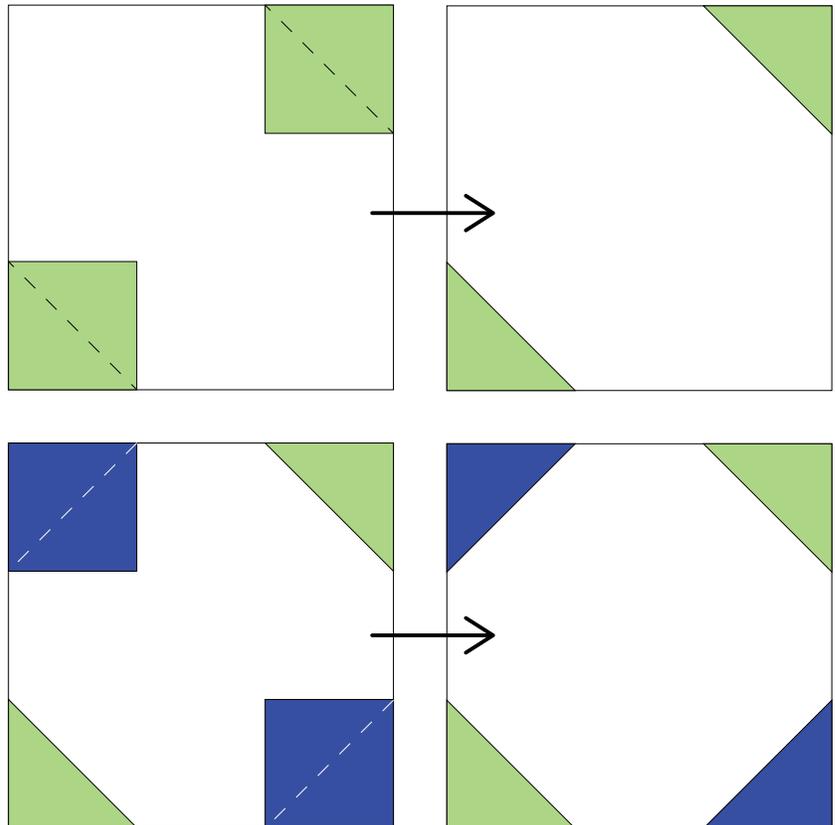
There are two different blocks in this quilt: *snowball* block and *plus* block. Make 24 of each. Finished block size is 6" square.

SNOWBALL BLOCK

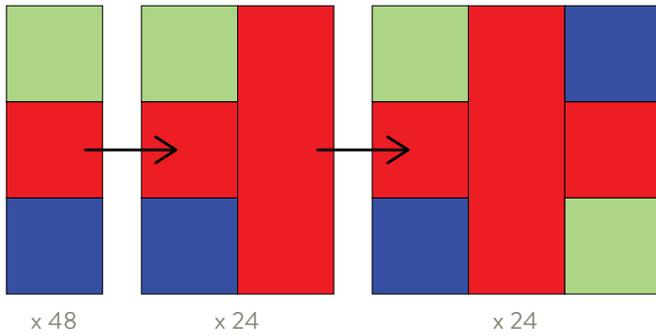
Using a fabric pencil (in a colour that shows on the fabric), mark the wrong side of each 2.5" square with a diagonal line going from one corner to the opposite. 

Place a green square on the top right and bottom left of the 6.5" square, right-sides-together, with drawn line meeting the edges of each side of the 6.5" square. Sew on the diagonal line. Trim to ¼" and press open.

Take the same pressed block and place a blue square on the top left and bottom right of the 6.5" square right-sides-together on the top left and bottom right with the drawn line meeting the edges of the 6.5" square. Sew on the line. Trim ¼" and press back. >



x 24



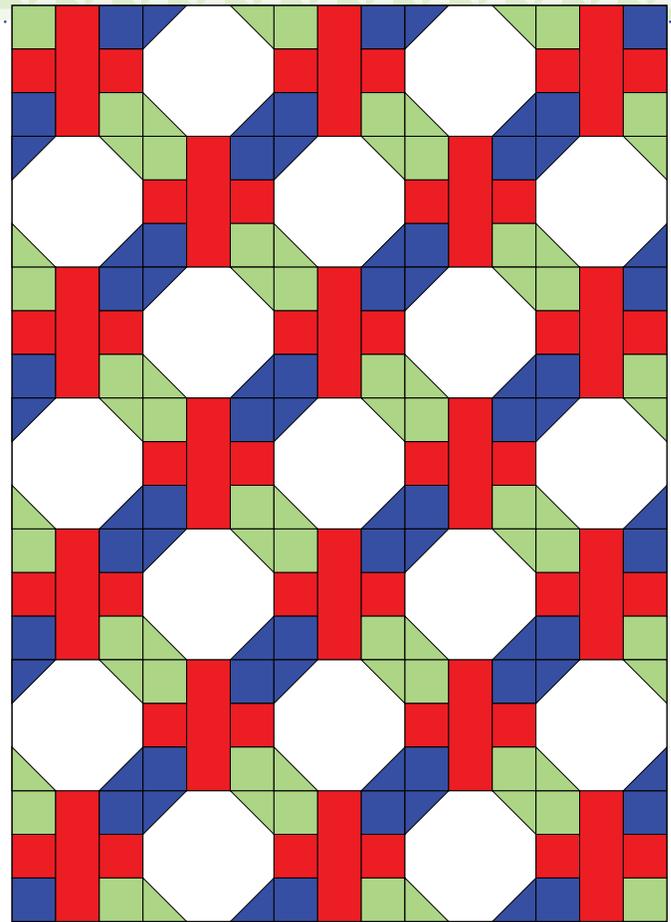
PLUS BLOCK

Sew a green strip to a red strip along the long edge, then sew a blue strip to the other side of the red fabric. Press.

Cut this set of strips into 2.5" multi-coloured rectangles. Take care to square up edge every few cuts, it is easy for strip sets to become skewed (on an angle) when cutting multiple sets. You will need 48.

Sew one multi-coloured rectangle to the left side of a red rectangle with green turned to top of unit. Repeat this step sewing 24 multi-coloured and red rectangles to make 24 sets.

Take remaining multi-coloured rectangles and turning blue to the top, sew the multi-coloured rectangle to the other side of the red strip. Repeat this step sewing 24 multi-coloured to the other side of the red strip to make 24 plus blocks.



ASSEMBLE TOP

Using the picture as a reference, sew blocks into rows. Sew rows together.



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Assemble Quilt

Lay backing on a flat surface and use masking tape to tape the edges down. Pull fabric taut as you tape. Lay batting on top of backing. Smooth batting with your hand to get any ripples out.

Lay the quilt top, right side up, on top of the batting. Make sure batting and backing are visible (by at least one inch) all around the quilt top.

Using the straight pins, start at one edge of quilt and pin along edge through all three layers. Move to opposite side of top and starting in the middle of that side, gently pull the fabric taut, put straight pins through all three layers.

Go to adjacent side, pin, then move to final side and gently pulling fabric taut, pin.

Switching to safety pins, start at the centre of the quilt and pin through all three layers. Place safety pins every four inches in both directions. Safety pin through all three layers along edges.

Once safety pins are in place, carefully remove all straight pins. Remove masking tape and lift layered quilt from flat surface.

The quilt is ready for machine quilting.

Machine Quilting

When sewing a quilt by machine, it is best to start in the centre and quilt out. Due to the bulk of a quilt, place tables around your machine so the quilt can rest on the table and the hanging weight of the quilt is not always pulling at the sewing needle (and your hands). Also, roll as much of the quilt into a tube as you can, which allows more room to work.

GLOVE TIP Use some type of rubber gloves to hold the quilt. It will make holding the quilt and sewing much easier.

If quilting straight lines, a walking foot will assist greatly.

If free-motion quilting, practice makes perfect! Start with a simple, large meander and steadily move the quilt so the thread is not getting pulled, snapped or creating tension problems.

Once the quilt is quilted, remove safety pins. Using a ruler and rotary cutter, trim excessive batting and backing to be square with the edges of the quilt top.

Binding

A MAKING BINDING

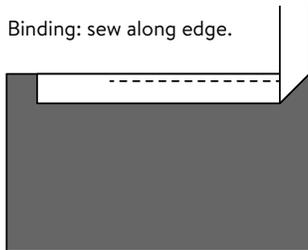
From the binding fabric (quilt pictured uses red) cut five 2.5" strips across the width of fabric. Sew strips together along the 2.5" ends until you get a long strip around 210".

Fold strip in half, lengthwise, wrong sides together and press along long edge. Pressed binding strip should measure approximately 1.25" x 210".

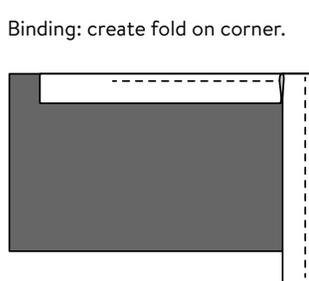
B ATTACH BINDING

With quilt top facing up, leave 5" of binding from edge (a tail so to speak), match the raw edge of binding to raw edge of quilt top edge and sew along edge using a 1/4" seam allowance.

Binding: sew along edge.



Binding: create fold on corner.



CORNERS Stop sewing a 1/4" from the corner. Lift needle out of quilt. Turn quilt 90°. Take binding strip and lay straight up, creating a fold right at the corner. Next, fold binding down on itself, laying raw edge along new side you will be stitching. Starting right at the top edge of the corner, begin stitching down the new side. Continue sewing using the same method on next three corners.

Stop stitching when approximately 8" from start of binding. Bring the tail ends together so they barely meet and fold each tail straight back on itself. Follow *Step One*, below, and make a tiny, 1/8" snip on the folds (green arrows in *Step One* show where to snip).

Unfold the binding on both tails. Place right sides of fabric together, matching snips (*step two*). Sew a diagonal line across strips (*step three*). Before trimming, make sure binding will fold back in half and that seam allowance is hidden inside fold. Also make sure there is no twist in the binding. Once seam is confirmed correct, trim seam allowance to a quarter inch (*step four*). Fold binding so seam allowance is inside binding. Finish stitching binding to quilt.

Once binding is attached, fold over to back of quilt. Use clips or pins to hold binding in place. Hand stitch the binding onto the back of the quilt using tiny, invisible stitches. ♣

