

# Supply List for Quilt Canada 2019 Workshop

**Instructor:** Bridget O'Flaherty

**Workshop Title:** Detailed Thread Painting – Bringing Birds to Life

**Date & Time:** Friday, June 14, 2019, 8:30am – 4 pm with a 90-minute lunch break

**Location:** EY Centre Hall 1

**Kit Fee:** \$12 – Please bring to class, correct change is appreciated

8" x 14" Free Motion Embroidery Pattern (\$12) to be purchased the day of the course. You will have your choice of three different bird patterns listed below.

## **Basic supplies:**

Sewing machine\*

Free-motion embroidery foot

Pencil crayons and notebook.

Fabric marking pen or pencil

Snipping scissors

Small rotary cutter, mat and ruler.

1/2 yd Tear Away Stabilizer

1/4 yd Strip of fusible web like Wonder Under

1/4 yd of background fabric. Can be batik, hand dye, or solid (though a subtle print fabric works best).

7"-8" hoop. Friction fit, low profile is ideal or spring hoop – (light weight wooden hoops with the screw are not ideal – they tend to break under the tension)

Scrap fabric, stabilizer and thread to set your tension and play with stitching before beginning.

**\*The team organizing Quilt Canada 2019 is working hard to provide domestic sewing machines for all workshops. In the unlikely event CQA/ACC is unable to provide machines for a workshop you are registered for, you will be notified by email.**

**Thank you, in advance, for your understanding.**

**Machine information for each workshop will be updated as it becomes available.**

## Thread:

You can use embroidery weight or regular sewing 40 or 50wt thread in the top. I use black or grey in the bobbin and I use 50 weight, some prefer a bobbin weight for their machine, use what works best for you. I use Guttermann, but use what you have, there are no requirements to buy specific thread. The following are suggestions for a minimum, you may bring as much as you wish. You can use/print/bring a photograph as a colour reference. See colour guides attached. You will be working on one of the following:

## Heron

4-6 shades of Grey/blue

2- 3 shades of beige/gold

3 shades of green

White

Light Brown

Black

--- THREAD PAINT BY NUMBERS ---

### Great Blue Heron

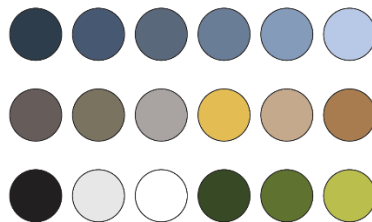


--- Thread Painting Pattern ---

Free form machine embroidery  
Use a regular domestic sewing machine.  
No design skills required!

[www.threadpaintedart.com](http://www.threadpaintedart.com)

### Great Blue Heron



This Colour Guide is for reference only, shades do not need to be exact matches and you can use fewer or more shades to your liking.

# Peregrine Falcon

Black

6-7 shades of blue/grey from light to dark

2-4 shades of yellow-burnt orange

7-8 shades beige to brown

3 shades of plum light to dark

--- THREAD PAINT BY NUMBERS ---

**Peregrine Falcon**



BRIDGET O'LAHERTY  
Thread Painted Art

**Peregrine Falcon**



--- Beginner Thread Painting Pattern ---

Learn the details of free form machine embroidery.  
Use a regular domestic sewing machine.  
No design skills required!

[WWW.THREADPAINTEDART.COM](http://WWW.THREADPAINTEDART.COM)

This Colour Guide is for reference only, shades do not need to be exact matches and you can use fewer or more shades to your liking.

## Great Horned Owl

4-6 shades of beige

4-5 shades of medium grey

4-6 shades of dark brown

Black

Light grey

5-6 shades of light gold to brown



Please email Bridget ([bridget@threadpaintedart.com](mailto:bridget@threadpaintedart.com)) with any questions.